



Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

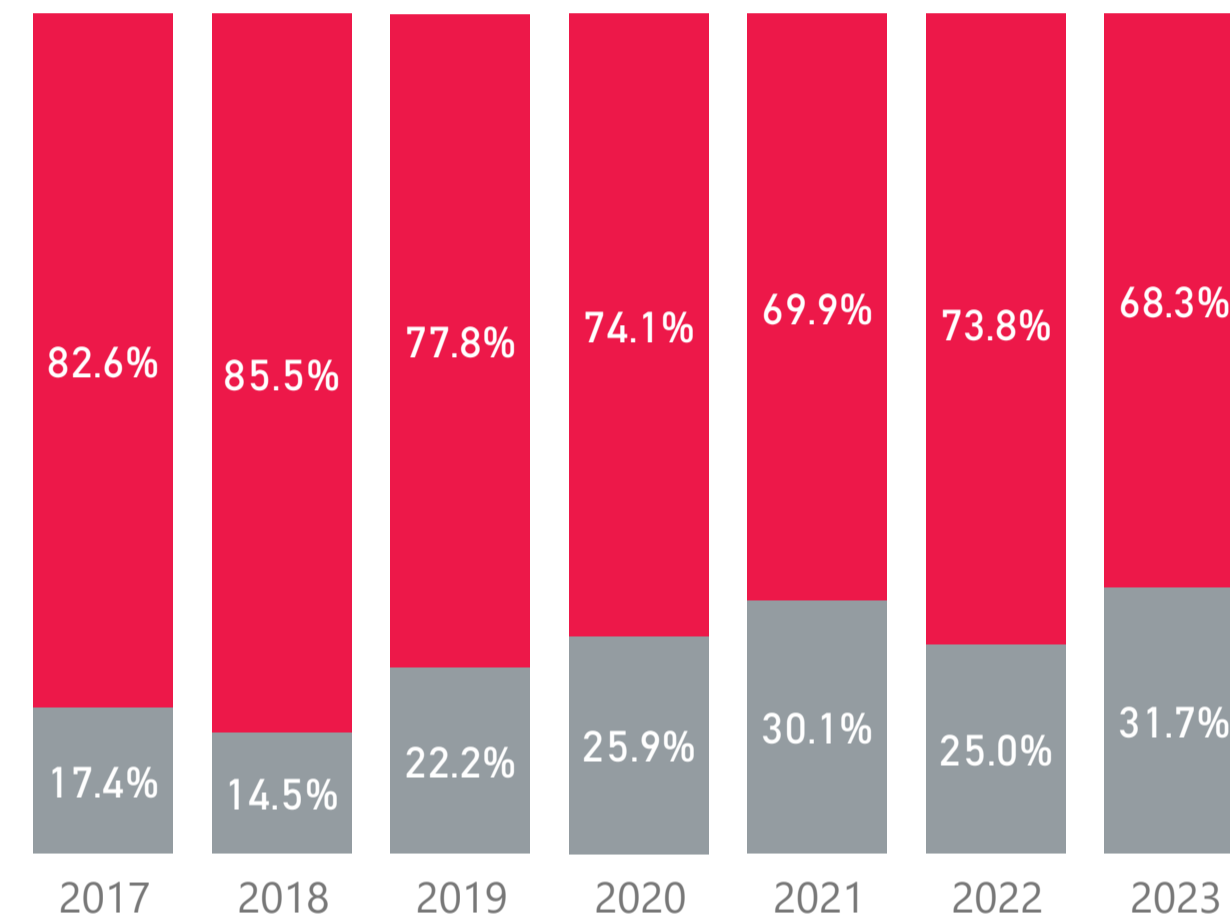
Survey Type

All

### Did you eat breakfast this morning?

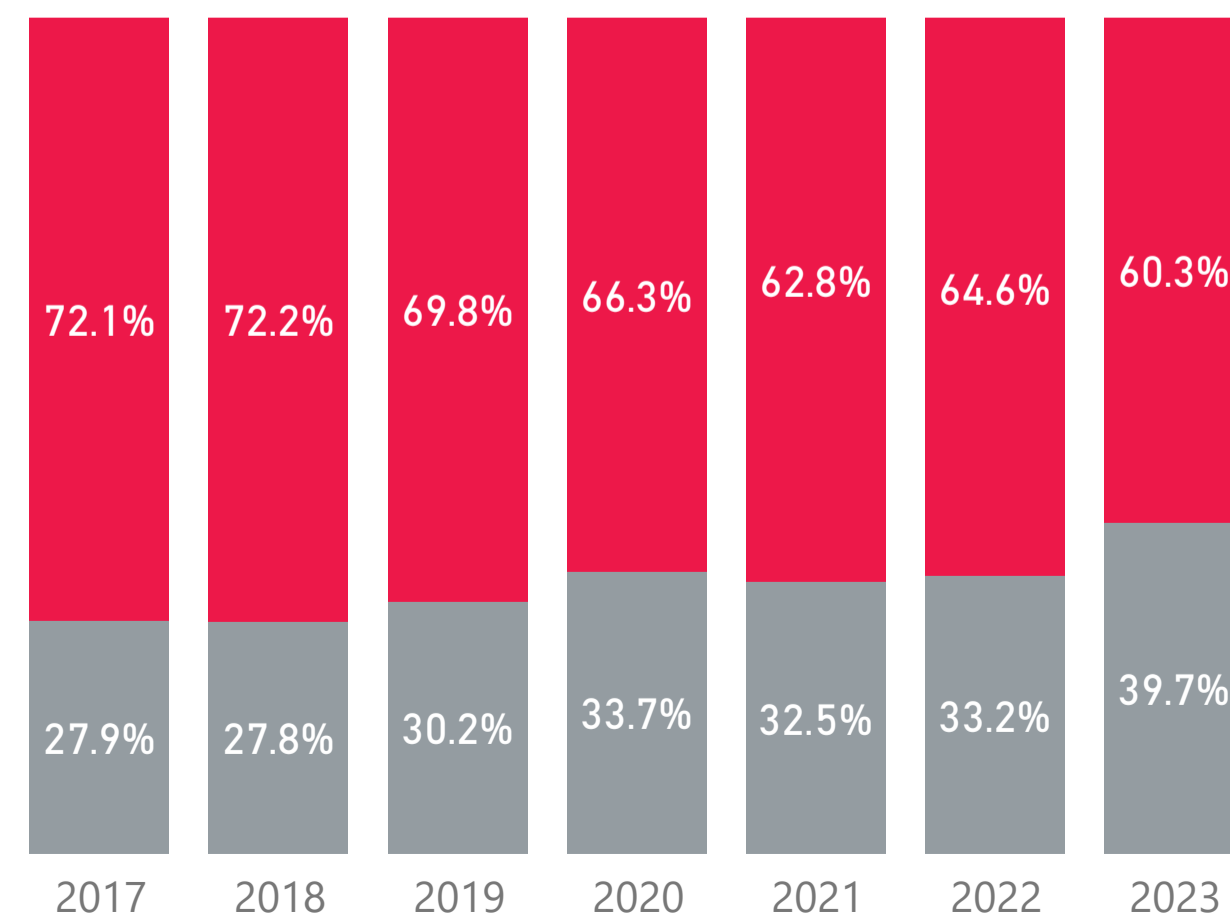
Affiliate

No Skipped Yes



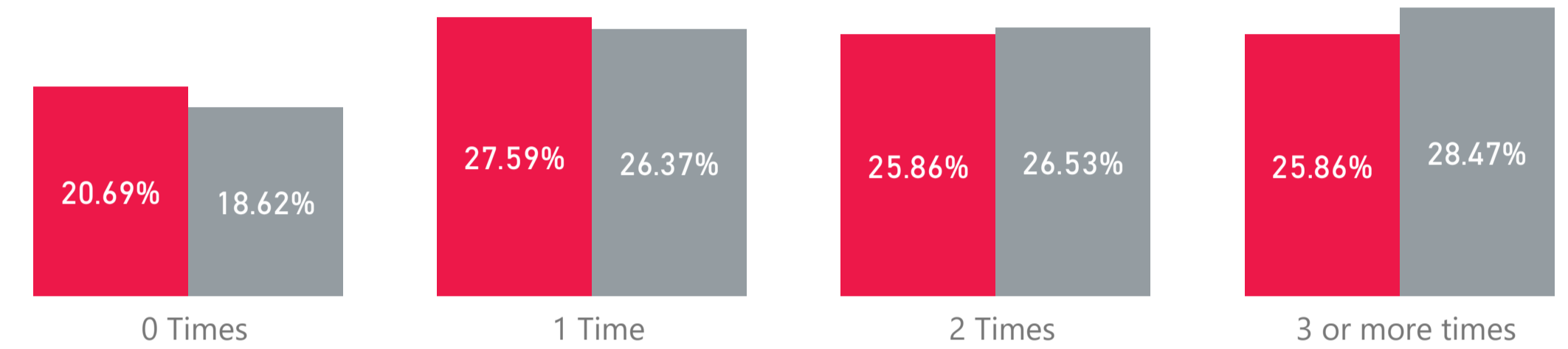
National

No Skipped Yes



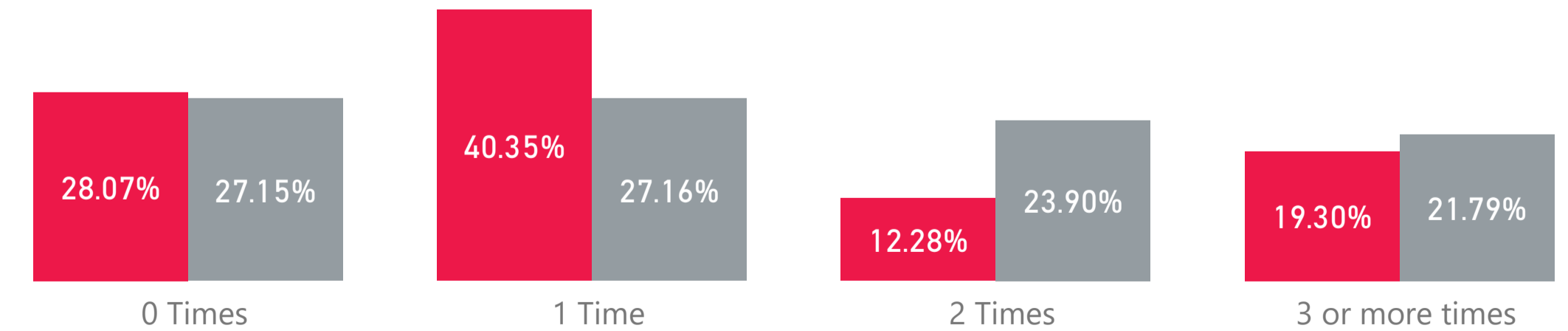
### In the past 24 hours, how many times did you eat fruit?

Affiliate National



### In the past 24 hours, how many times did you eat vegetables?

Affiliate National





## Healthy Diet - Part 2

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

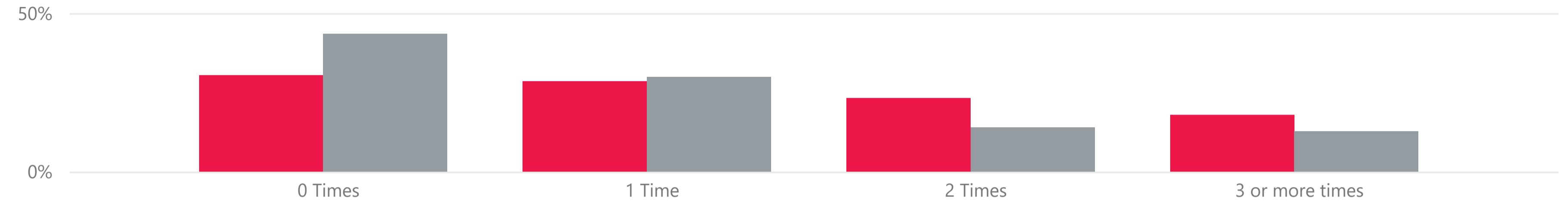
2023

Survey Type

All

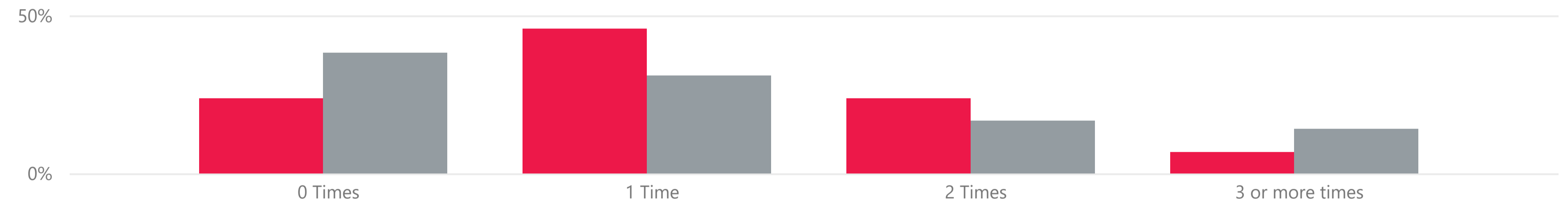
In the past 24 hours, how many times did you drink soda?

● Affiliate ● National



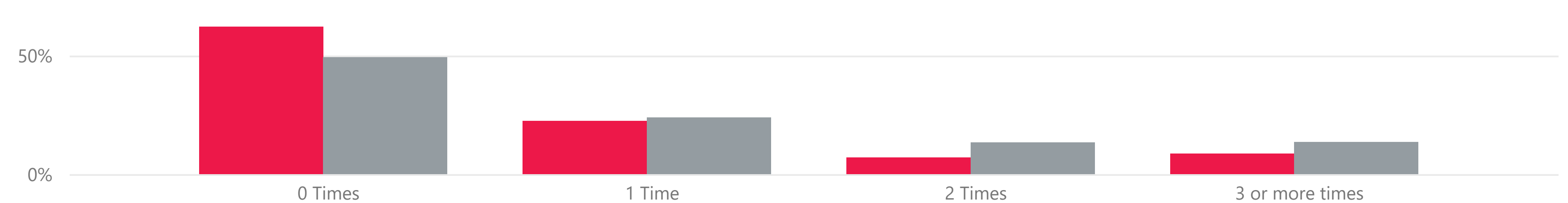
In the past 24 hours, how many times did you eat a meal or snack from a fast food restaurant?

● Affiliate ● National



In the past 24 hours, how many times did you eat snacks from vending machines or convenience stores?

● Affiliate ● National





Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

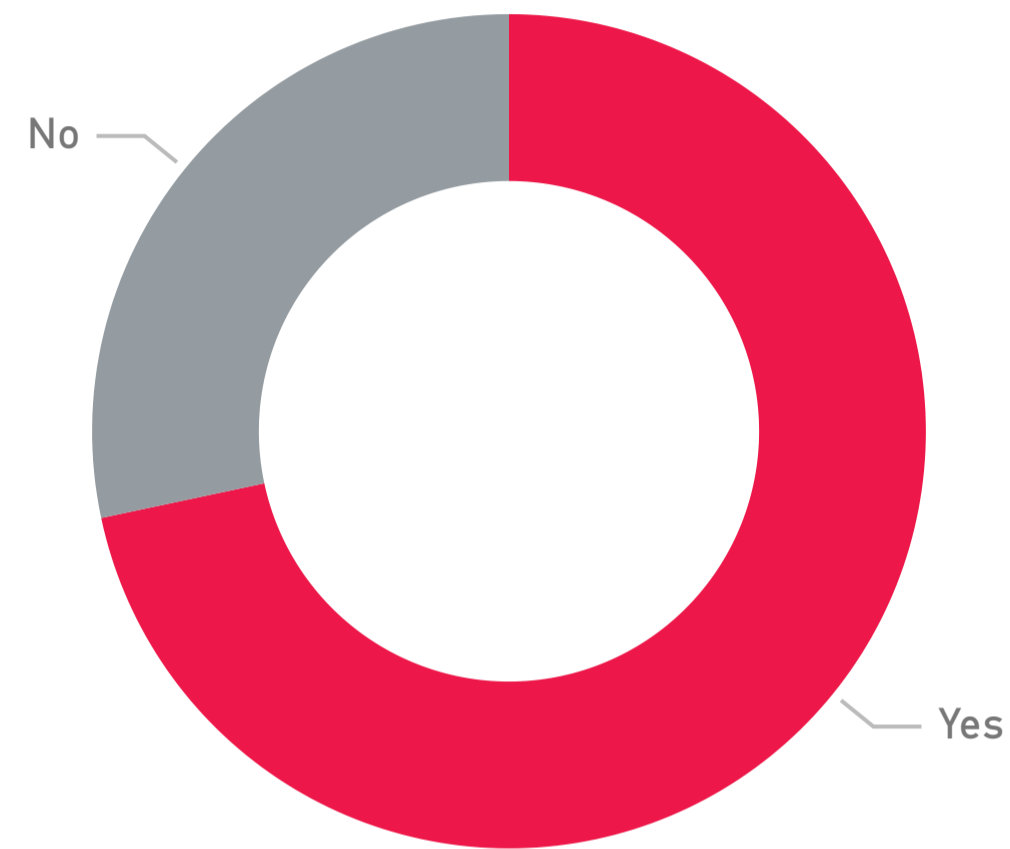
2023

Survey Type

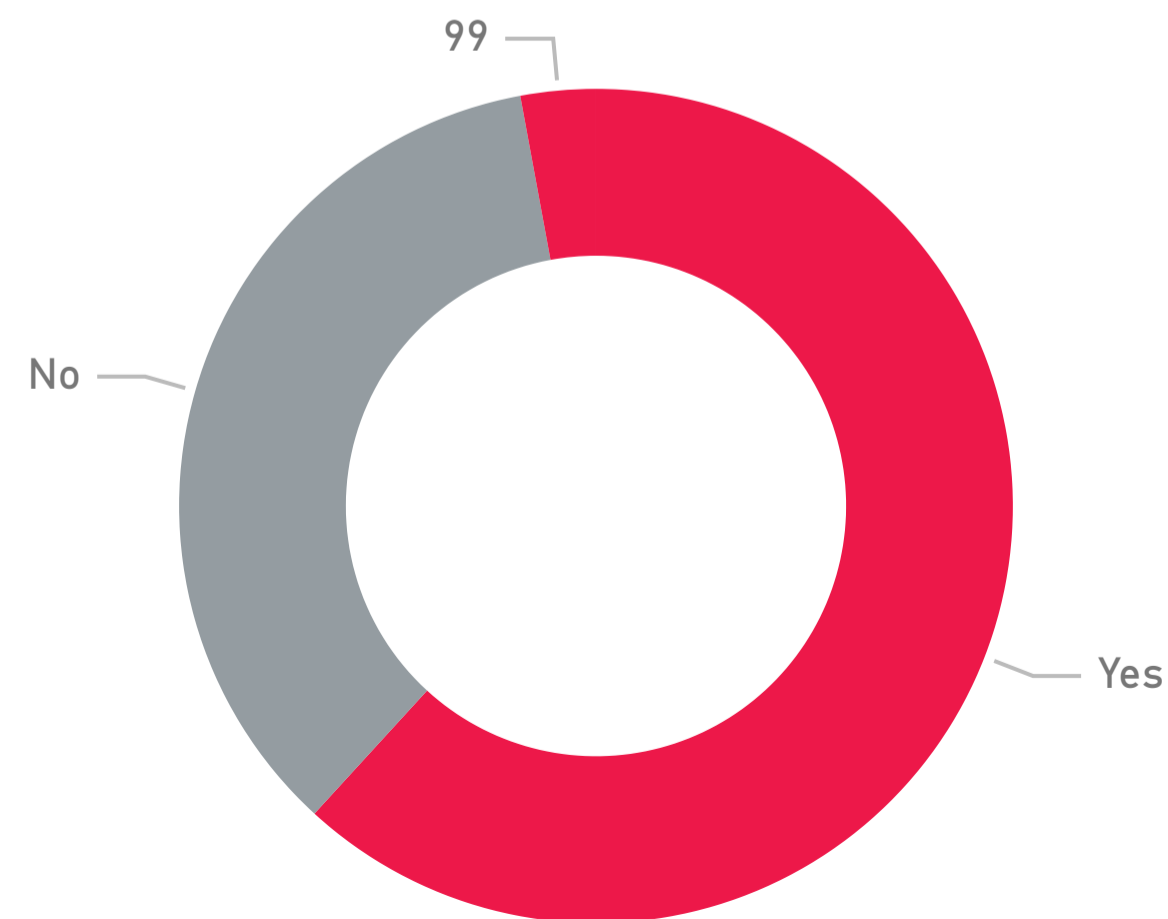
All

Thinking back over the past year, did you play on a sports team?

Affiliate

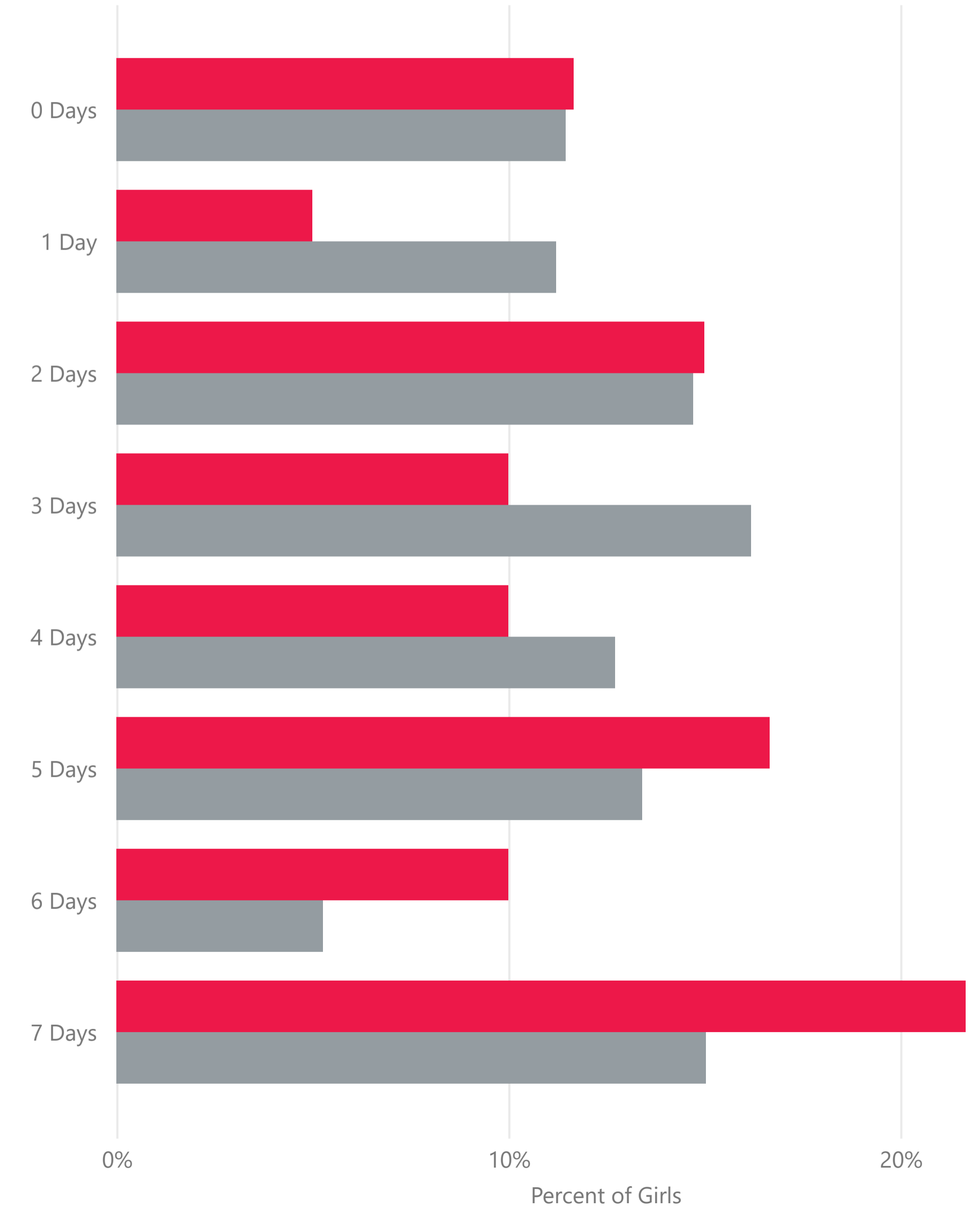


National



On how many days in the last week, did you exercise?

Affiliate National





## Body Image

Affiliate

Girls Inc. of Shelbyville and Shelby County

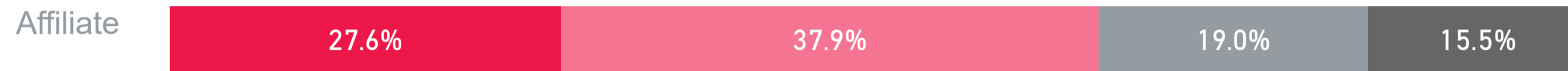
Survey Year

2023

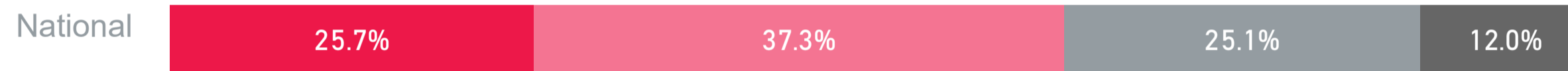
Survey Type

All

● Strongly Agree ● Agree ● Disagree ● Strongly Disagree



I am happy with how my body looks.

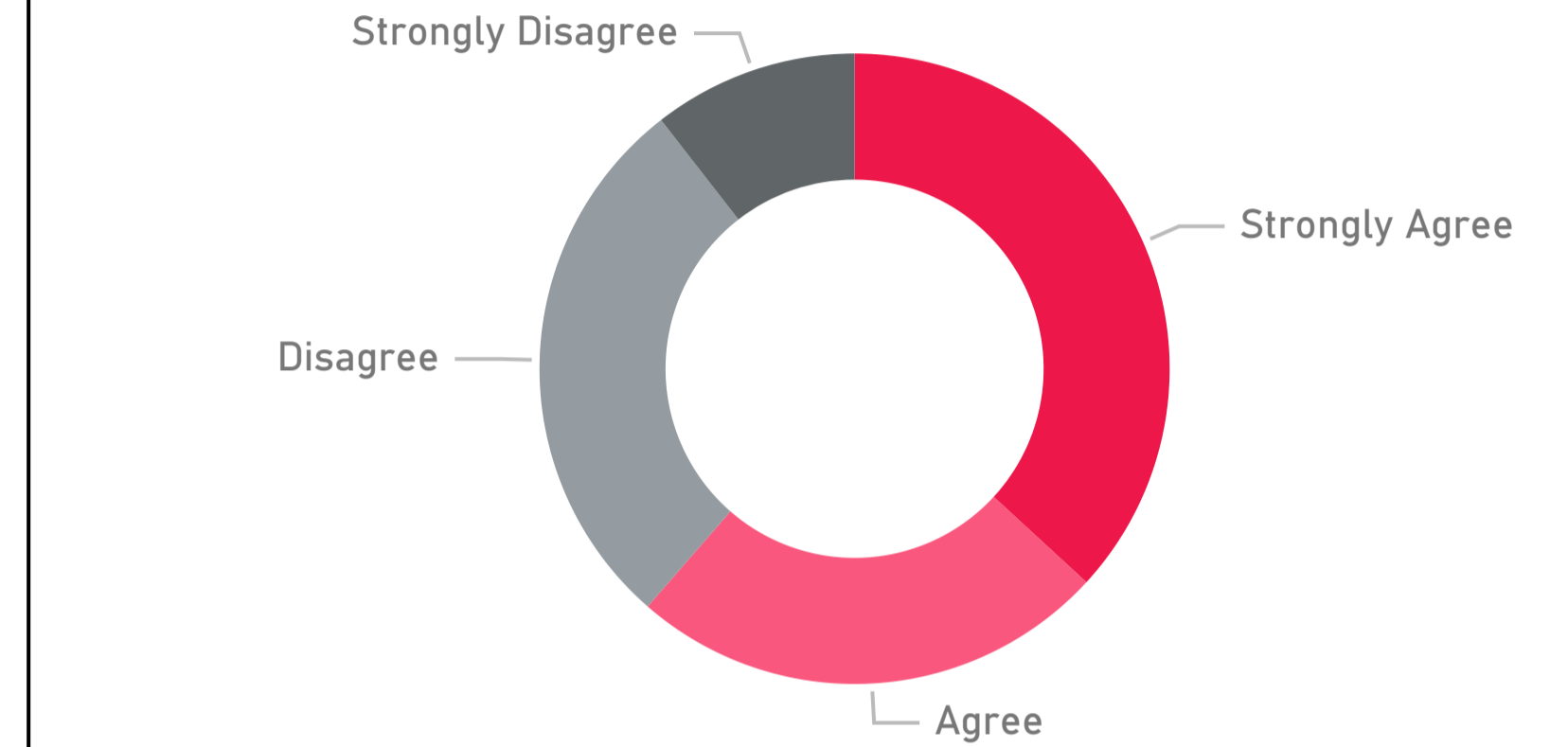


I see girls on TV, online, and in magazines that look like me and my friends.

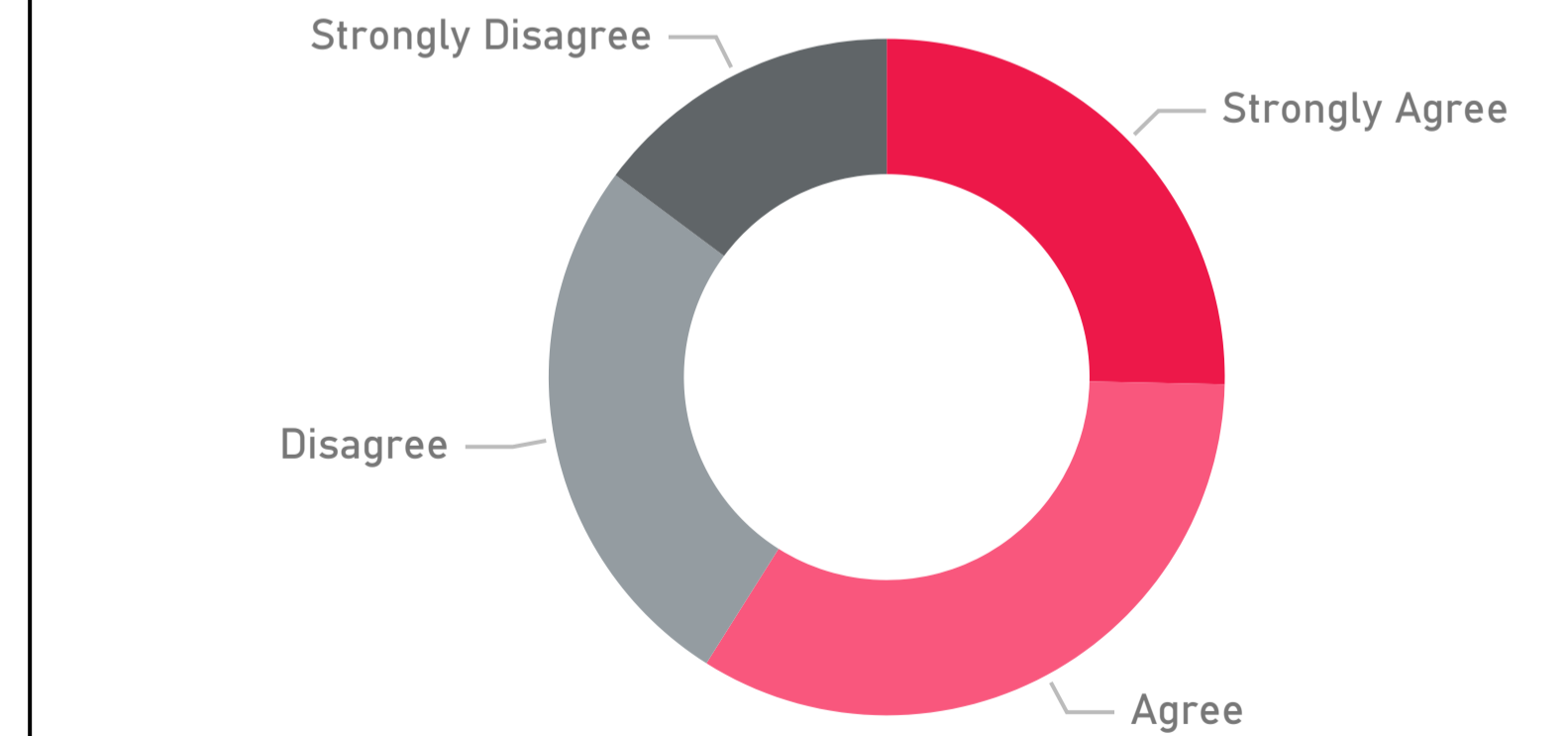


I feel a lot of pressure to be pretty.

Affiliate



National





## Substance Use

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

Survey Type

All

Have you ever smoked a cigarette?

Affiliate

National

Have you ever used an electronic vapor product?

Affiliate

National

Have you ever drunk beer, wine, or other alcohol?

Affiliate

Affiliate

Have you ever smoked marijuana (pot, grass, weed?)

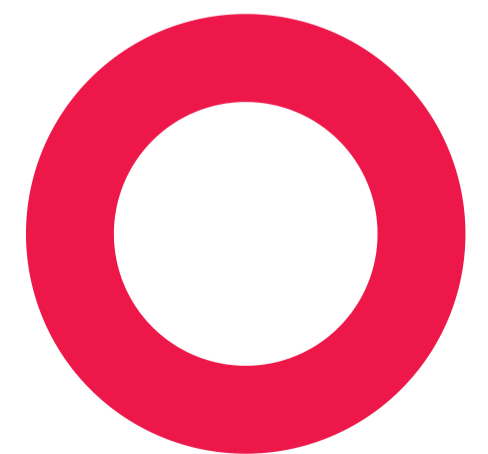
Affiliate

National

Have you ever used any prescription drugs or pills that were not prescribed to you?

Affiliate

National



Unknown/Un...



## Mental Health - Part 1

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

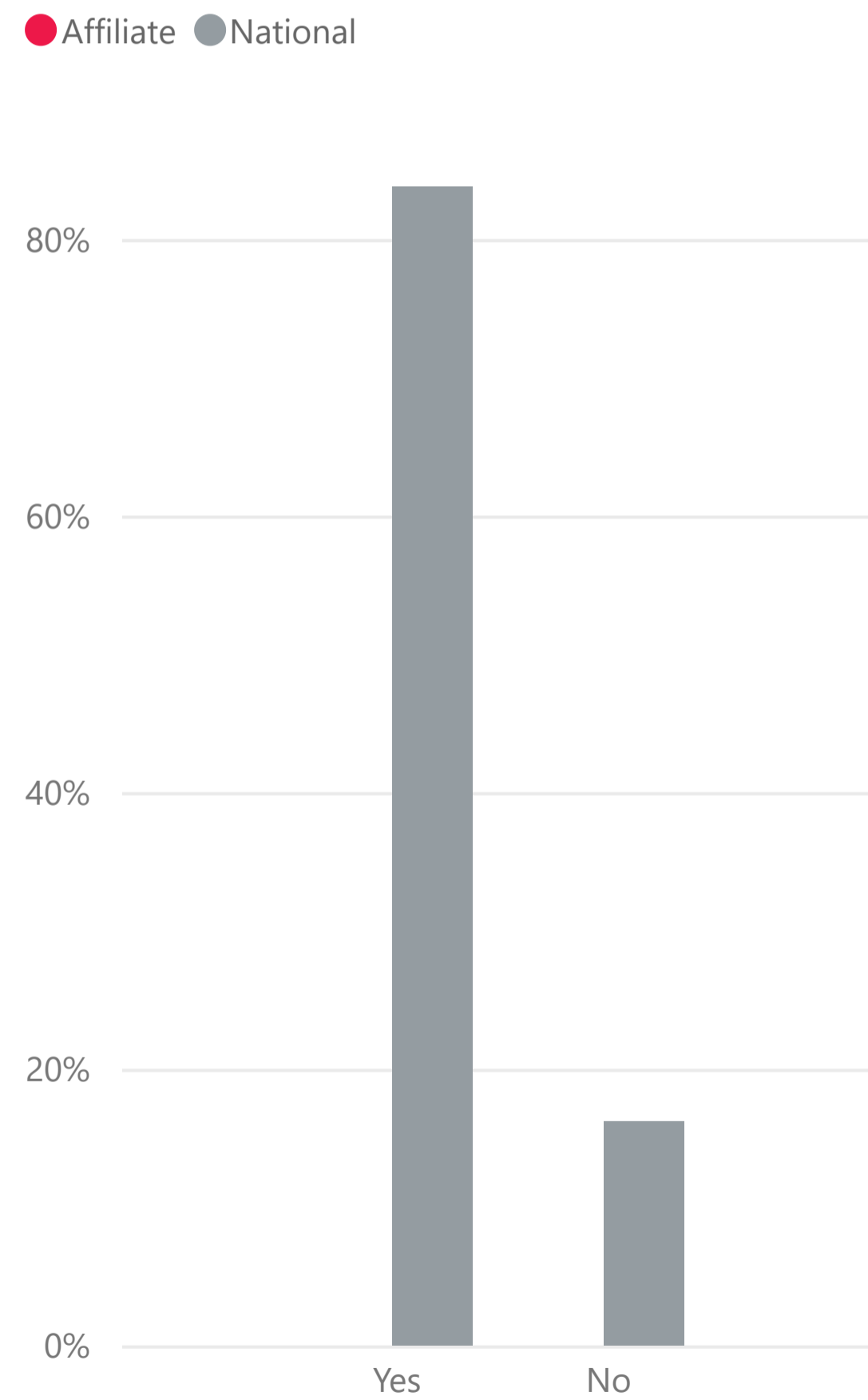
2023

Survey Type

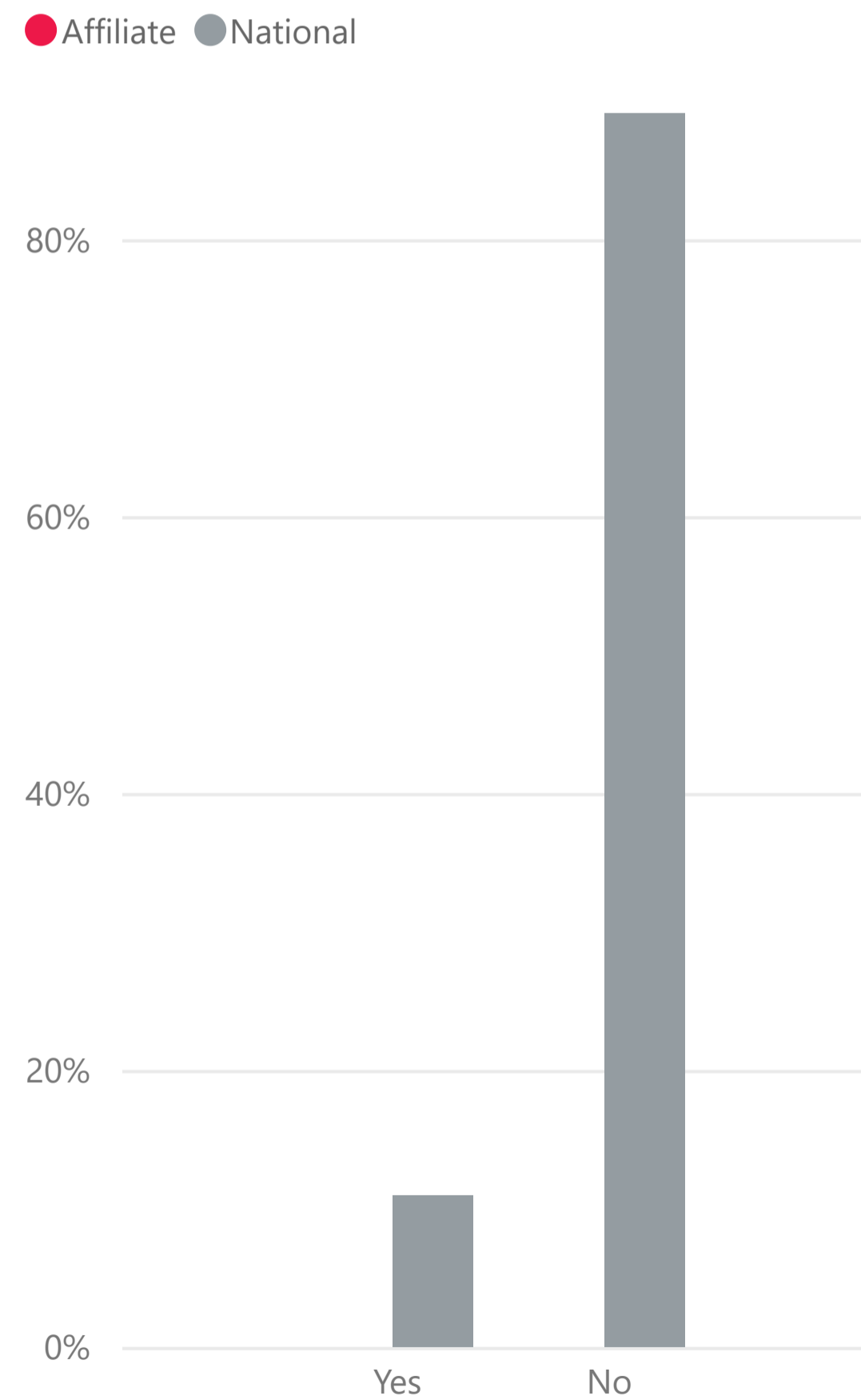
All

### If a friend of mine is sad, stressed, or depressed, I would...

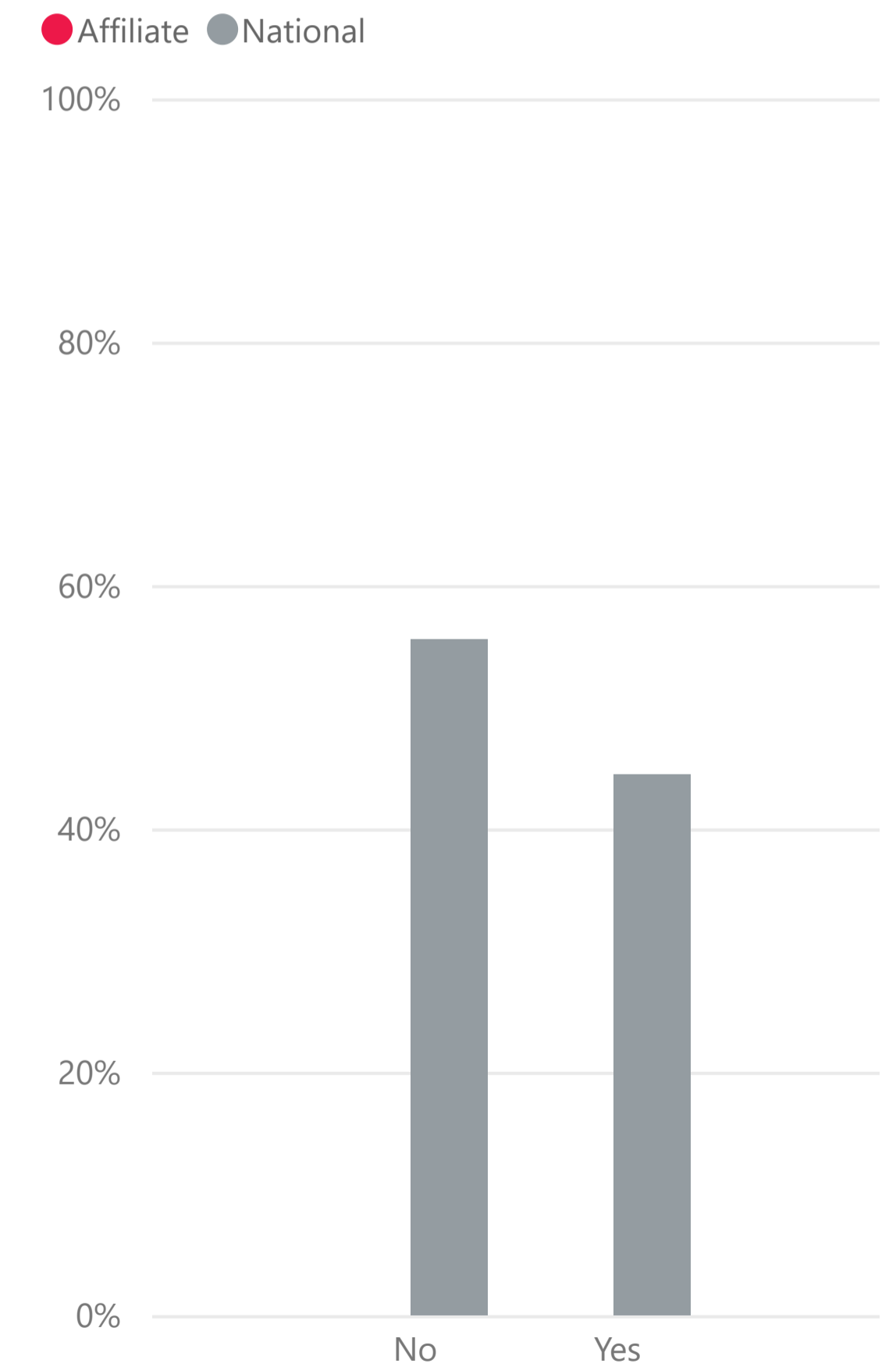
#### Offer my support



#### Not know what to do



#### Tell them to talk to an adult, like a teacher, parent, or an adult at Girls Inc.





## Mental Health - Part 2

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

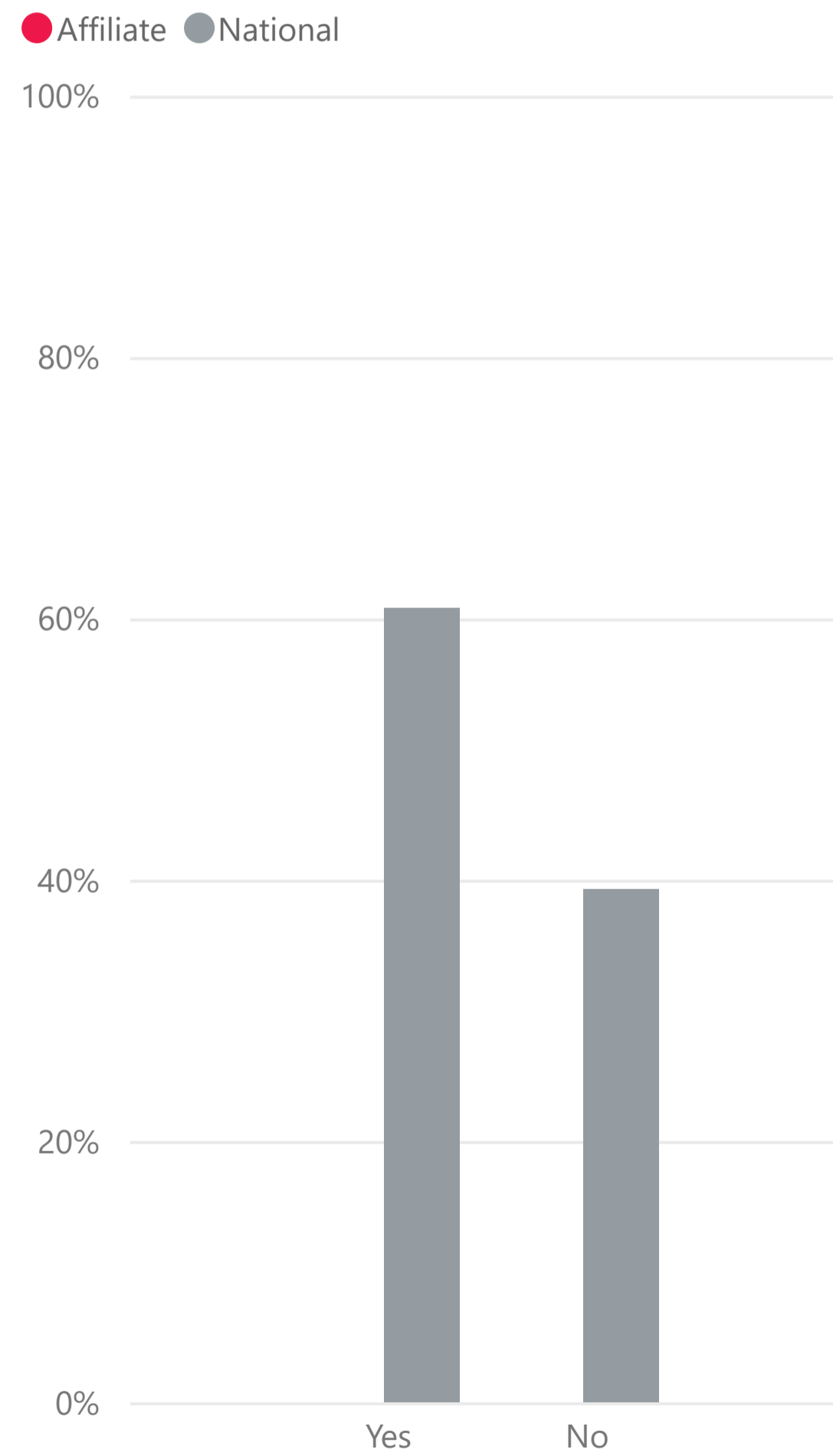
2023

Survey Type

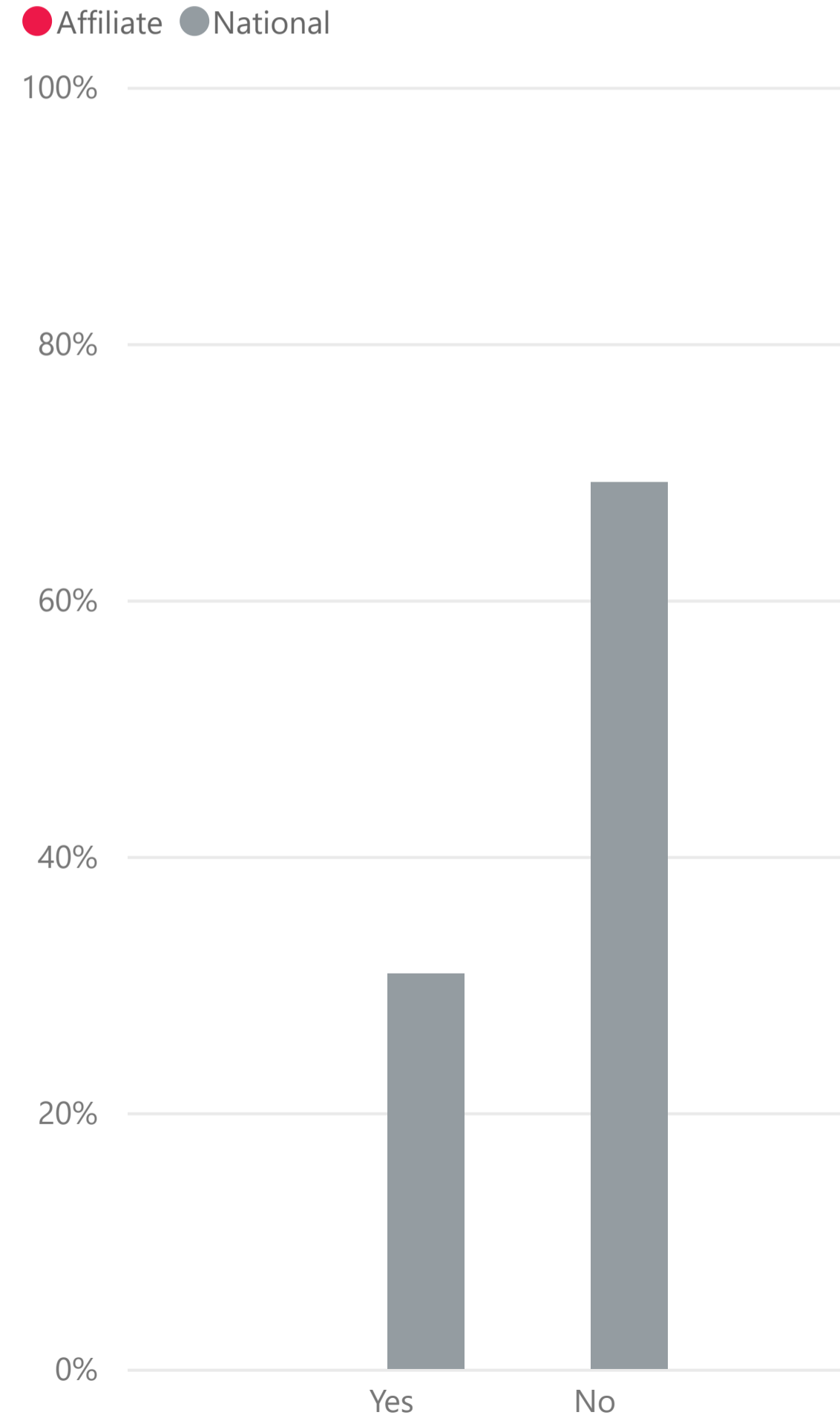
All

### If I felt sad, stressed, or depressed, I would...

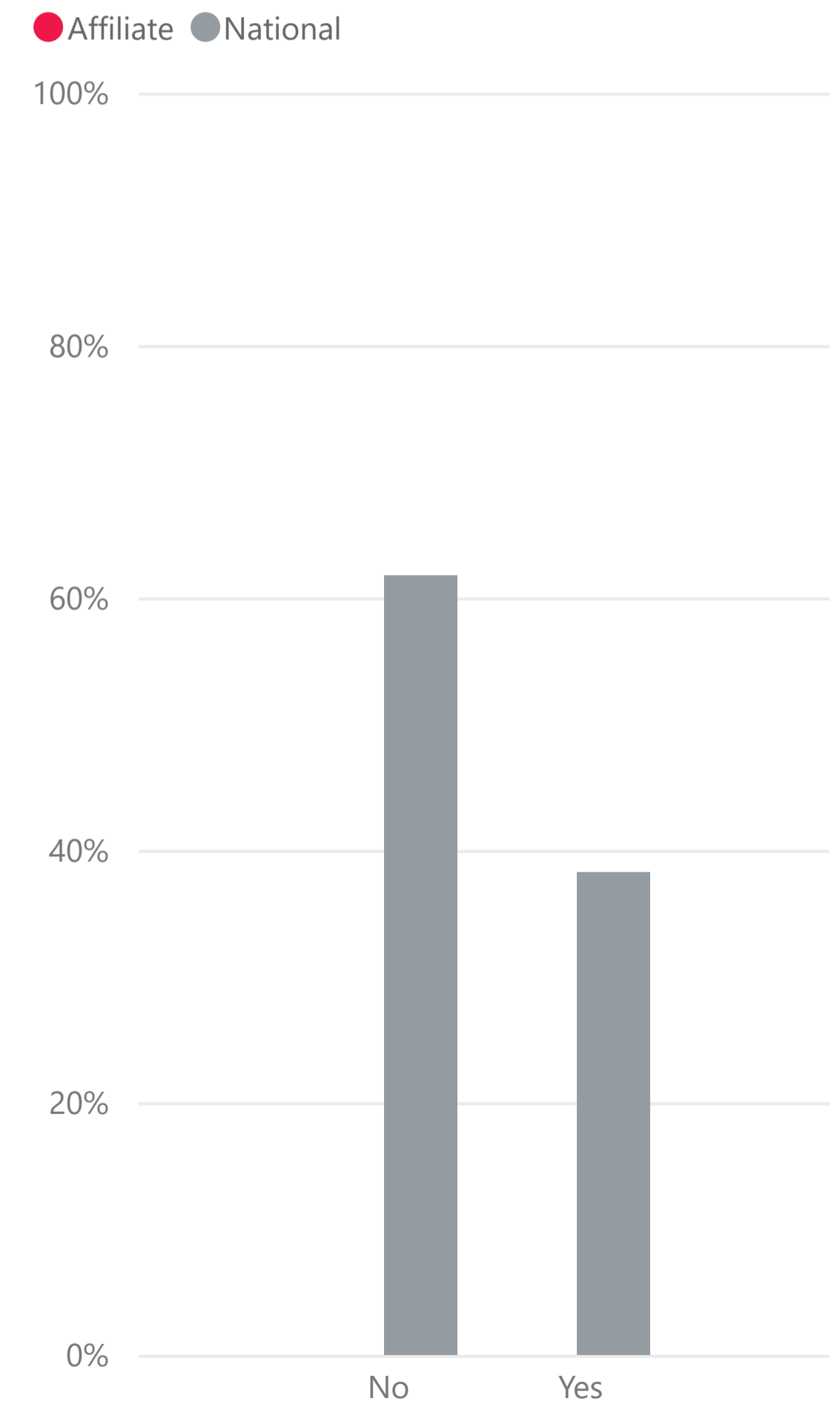
#### Talk to My Friends



#### Not know what to do



#### Talk to an Adult





## Healthy Sexuality - Part 1

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

Survey Type

All

In general how much pressure, if any, do you feel from your romantic partner to have sexual intercourse?

Sexual Orientation

In general how much pressure, if any, do you feel from your friends to have sexual intercourse?





## Healthy Sexuality - Part 2

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

Survey Type

All

Affiliate

Have you ever had sex?

Very true for me  True for me  Not true for me  Not true for me at all

Affiliate

If I were in an unhealthy romantic relationship, I would know whom to go to for help.

National

Strongly Agree  Agree  Disagree  Strongly Disagree

Affiliate

A girl has the right to say “No” to sex

National

National



## Healthy Sexuality - Part 3

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

Survey Type

All

When you think about having sex, what is important to you? (Mark all that apply)

Feeling Ready

Affiliate



Unknown/...

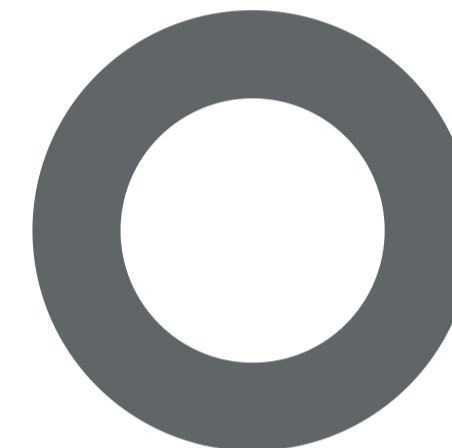
National



Unknown/...

Being in love

Affiliate



Unknown/Un...

National



Unknown/Un...

Preventing pregnancy

Affiliate



Unknown/Un...

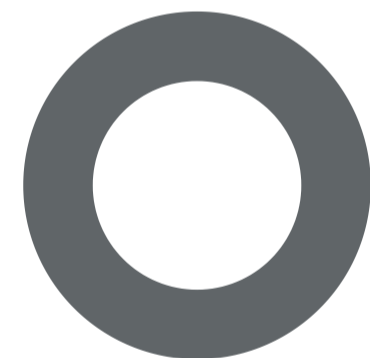
National



Unknown/Un...

Talking to a partner about their sexual history

Affiliate



Unknown/...

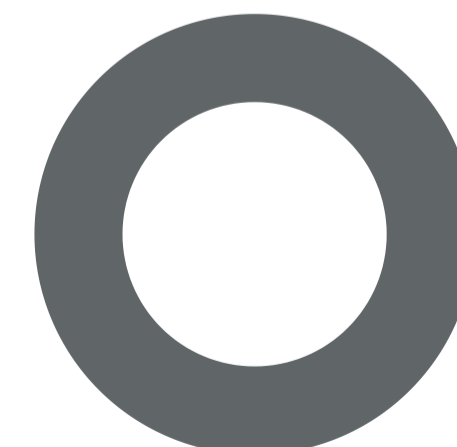
National



Unknown/...

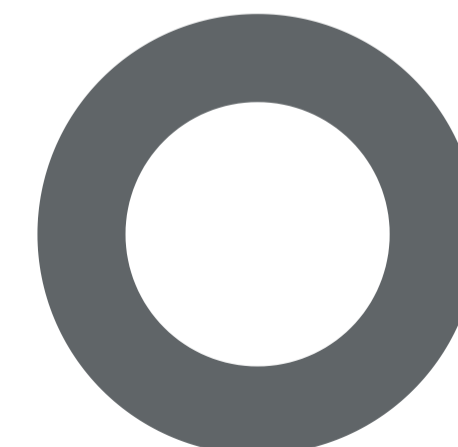
Preventing sexually transmitted infections or STIs

Affiliate



Unknown/Un...

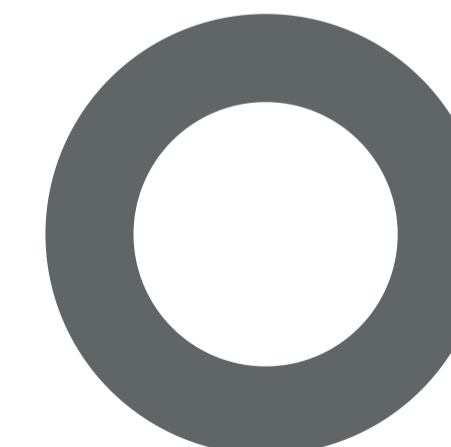
National



Unknown/Un...

I don't think about sex

Affiliate



Unknown/Un...

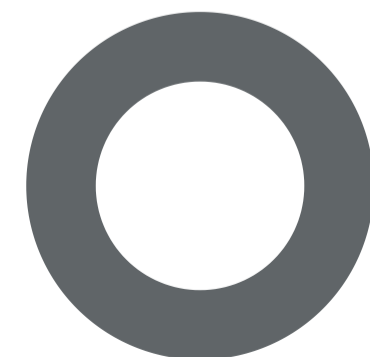
National



Unknown/Un...

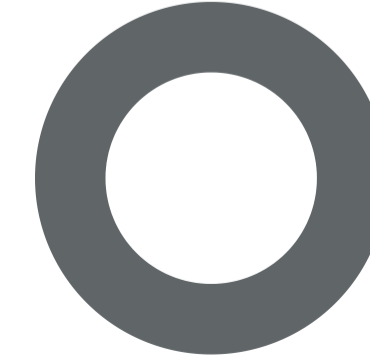
Making sure it doesn't interfere with school

Affiliate



Unknown/...

National



Unknown/...



## Healthy Sexuality - Part 4

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2023

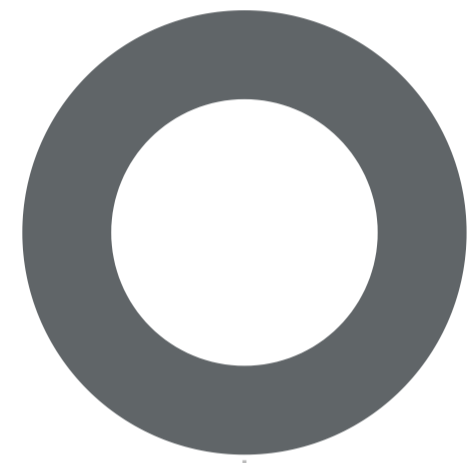
Survey Type

All

### The last time you had sex, did you or your partner use any of the following?

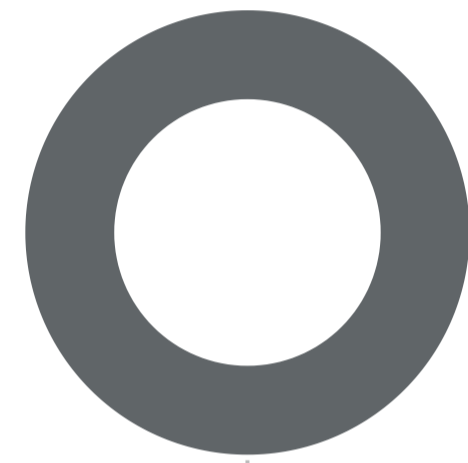
#### Condom?

Affiliate



Unknown/Unavailable

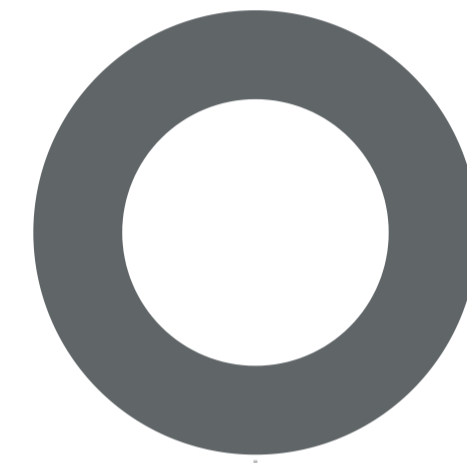
National



Unknown/Unavailable

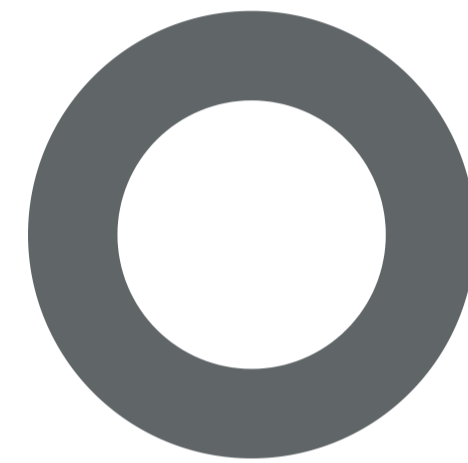
#### Birth control pills ("the pill")

Affiliate



Unknown/Unavailable

National



Unknown/Unavailable

#### Other birth control methods, such as the patch, the shot, or the ring

Affiliate



Unknown/Un...

National



Unknown/Un...

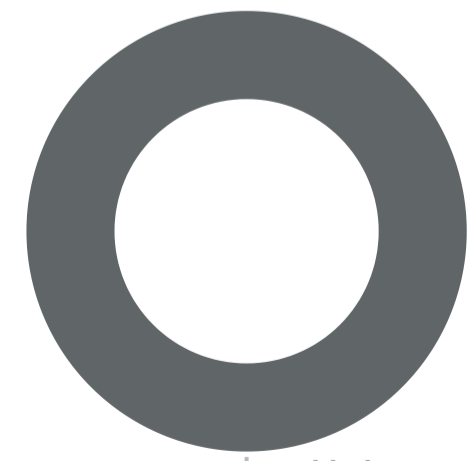
#### None of the above

Affiliate



Unknown/Un...

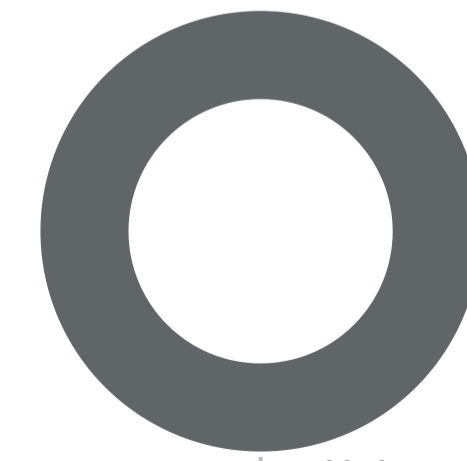
National



Unknown/Un...

#### I have never had sex

Affiliate



Unknown/Un...

National



Unknown/Un...



## Archive - Healthy Diet & Body Image

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year  
2019

Survey Type (groups)  
All

Race  
All

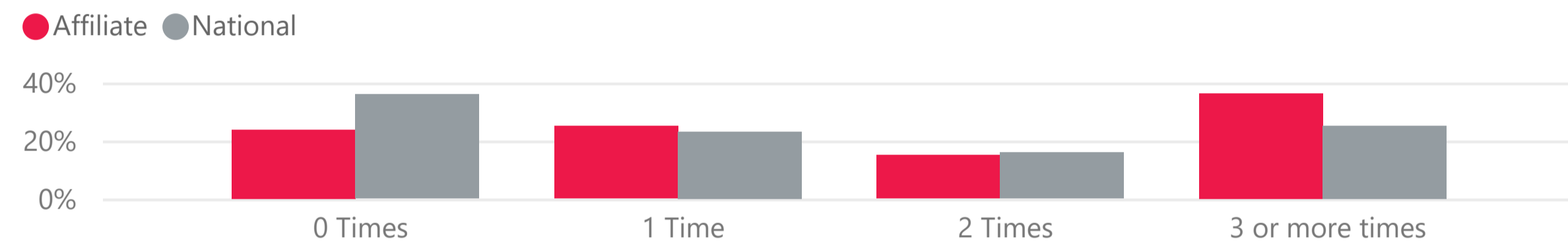
Tenure  
All

Household Type  
All

Income Category  
All

● Strongly Agree ● Agree ● Disagree ● Strongly Disagree

In the past 24 hours, how many times did you drink a glass of milk?



It is important to be pretty.

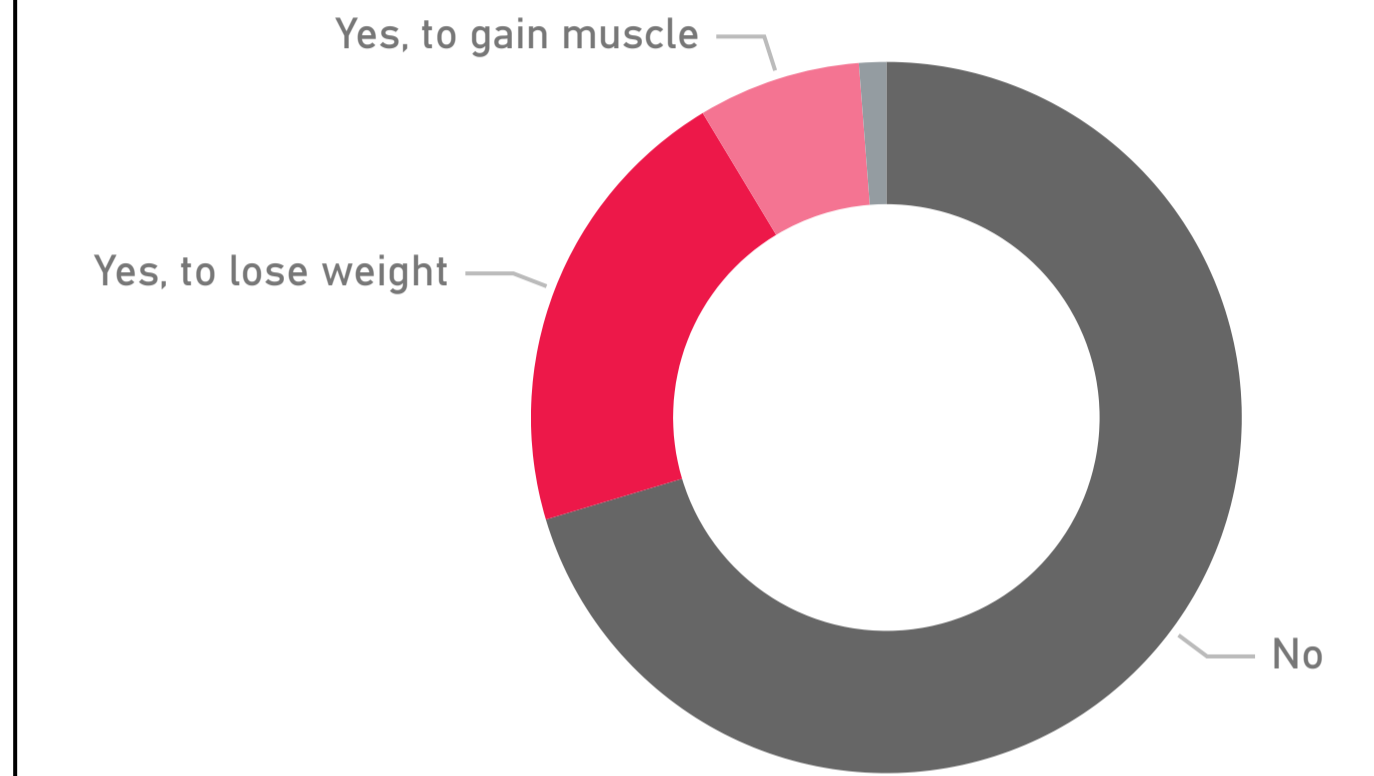


I want to look like the girls and women I see on TV.

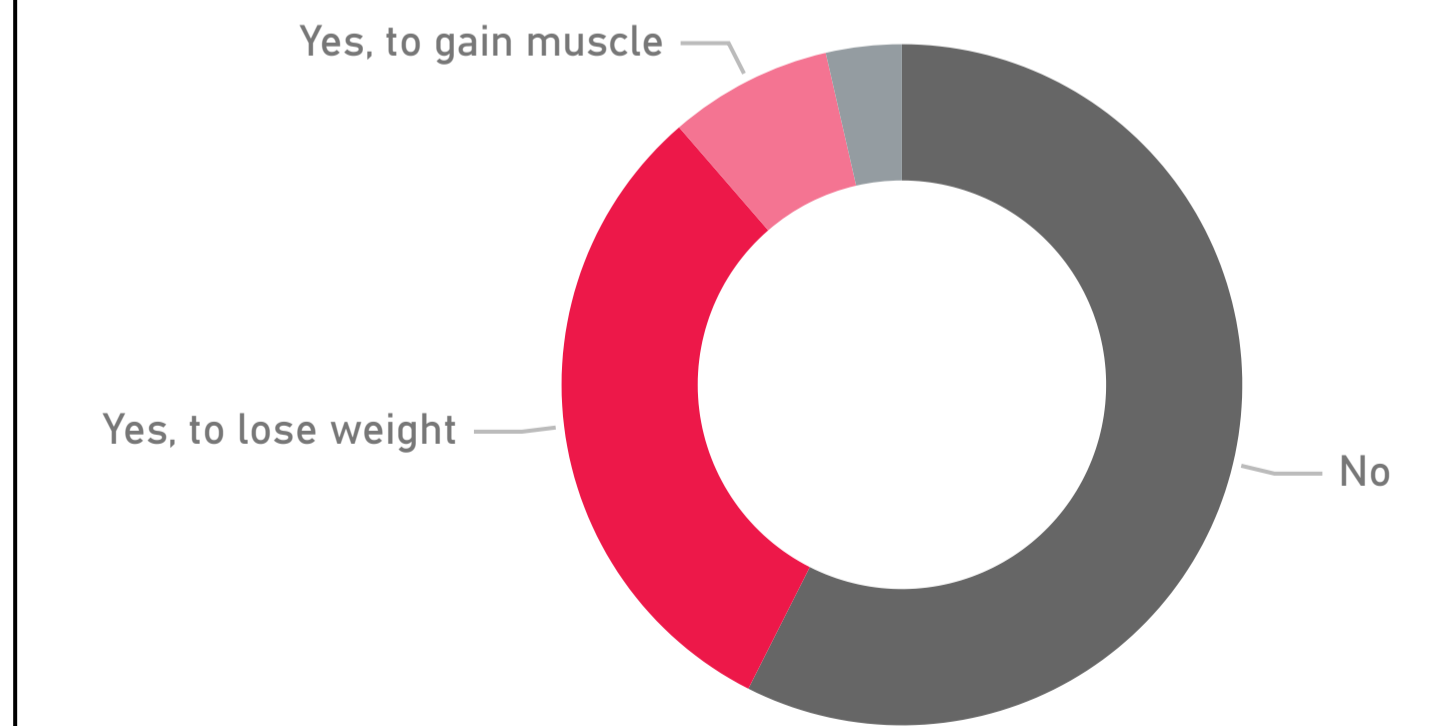


Have you ever gone on a diet to change the way you look?

Affiliate



National



# STRONG



## Archive - Substance Use

Affiliate  
Girls Inc. of Shelbyville and Shelby County

Survey Year  
2019

Survey Type (groups)  
All

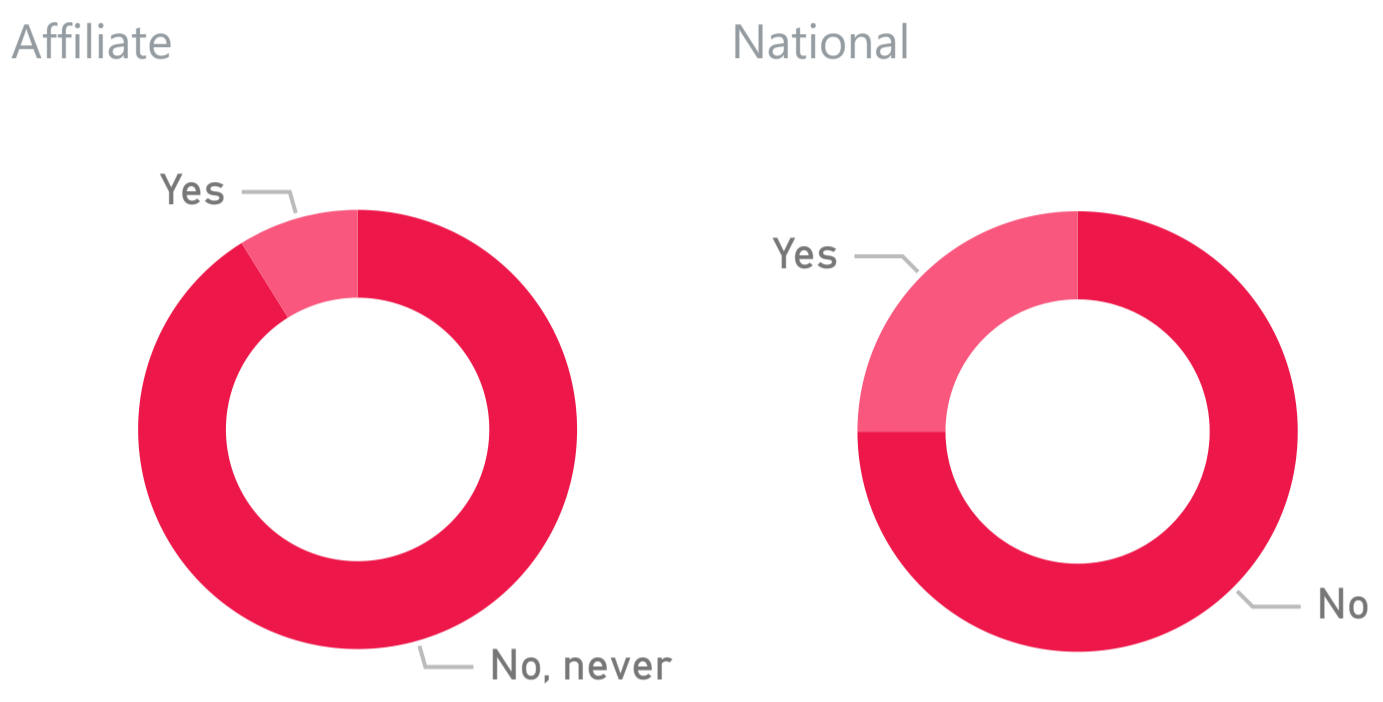
Race  
All

Tenure  
All

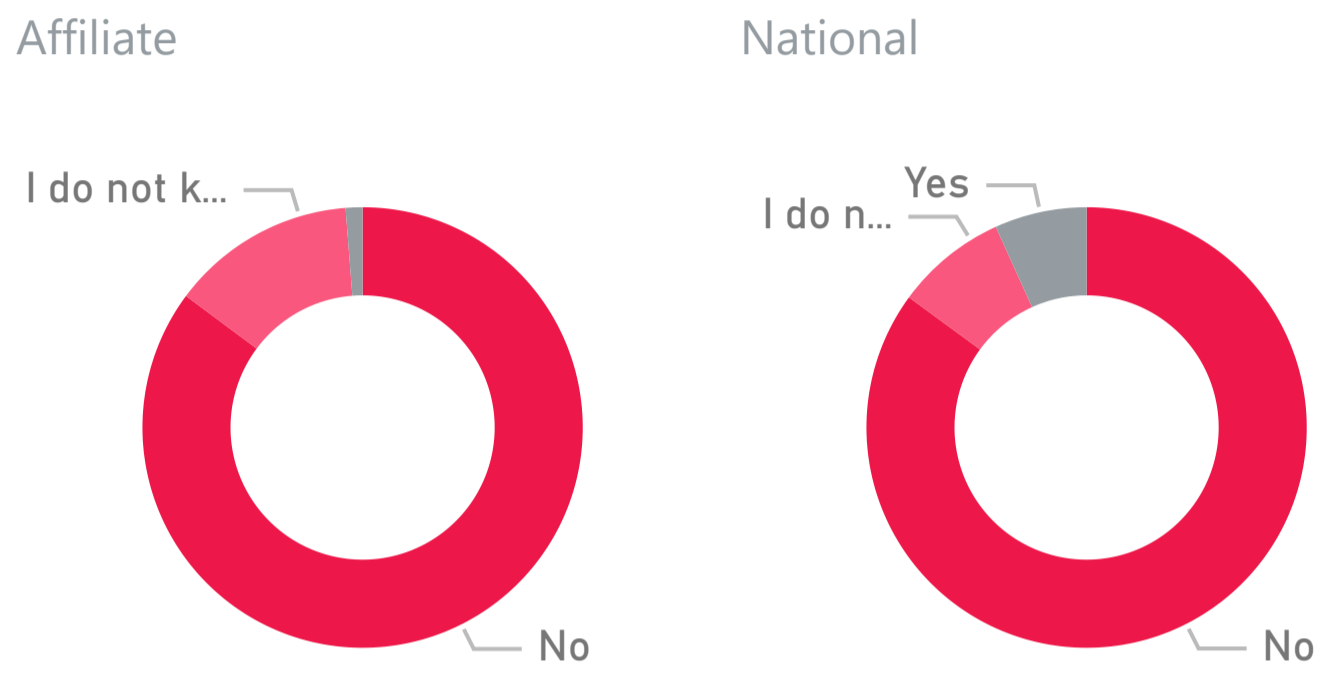
Household Type  
All

Income Category  
All

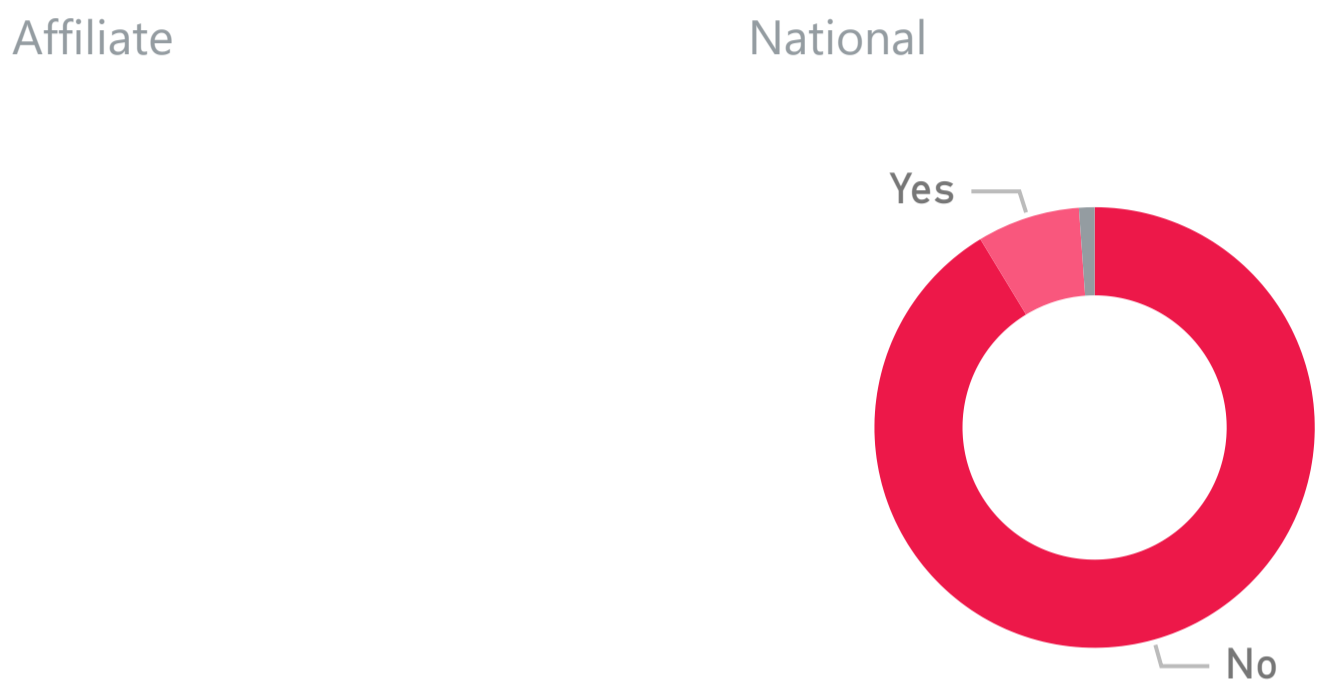
Have you ever drunk beer, wine, or other alcohol?



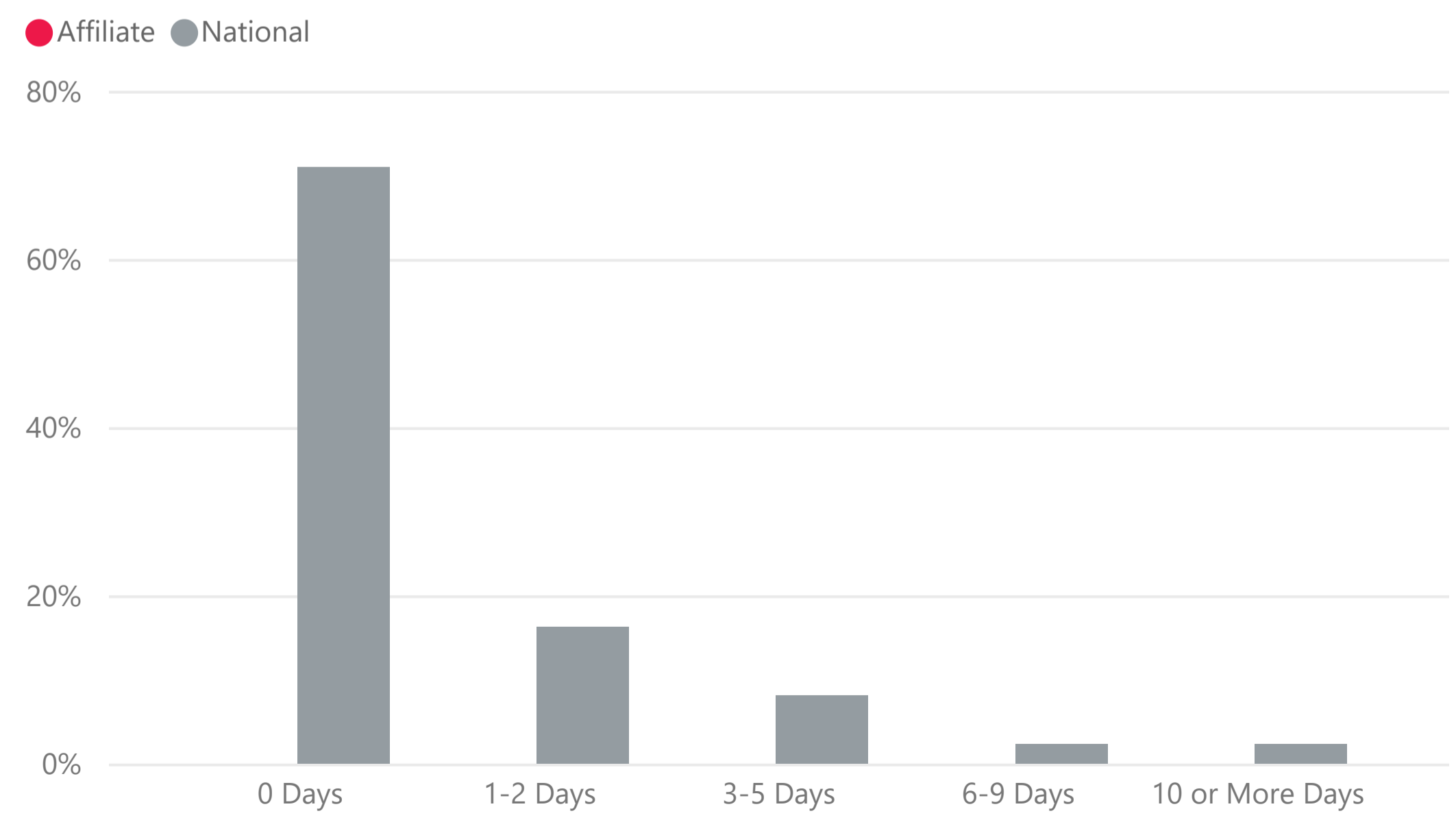
Have you ever smoked marijuana (pot, grass, weed?)



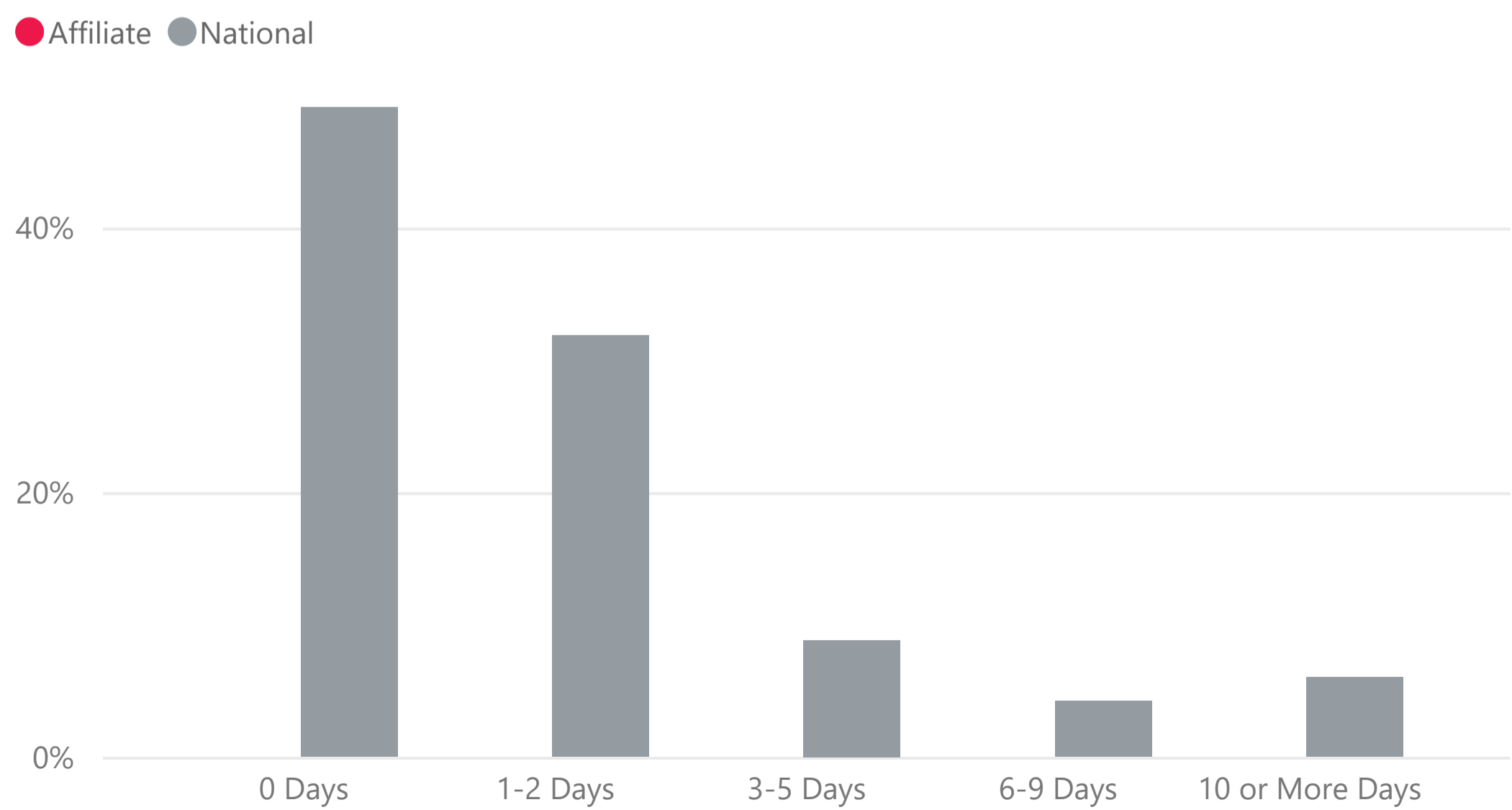
Have you ever used any prescription drugs or pills that were not prescribed to you?



During the past month, on how many days did you smoke cigarettes?



During the past month, on how many days did you use an electronic vapor product?





Survey Year

2019

Survey Type (groups)

All

Race

All

Tenure

All

Household Type

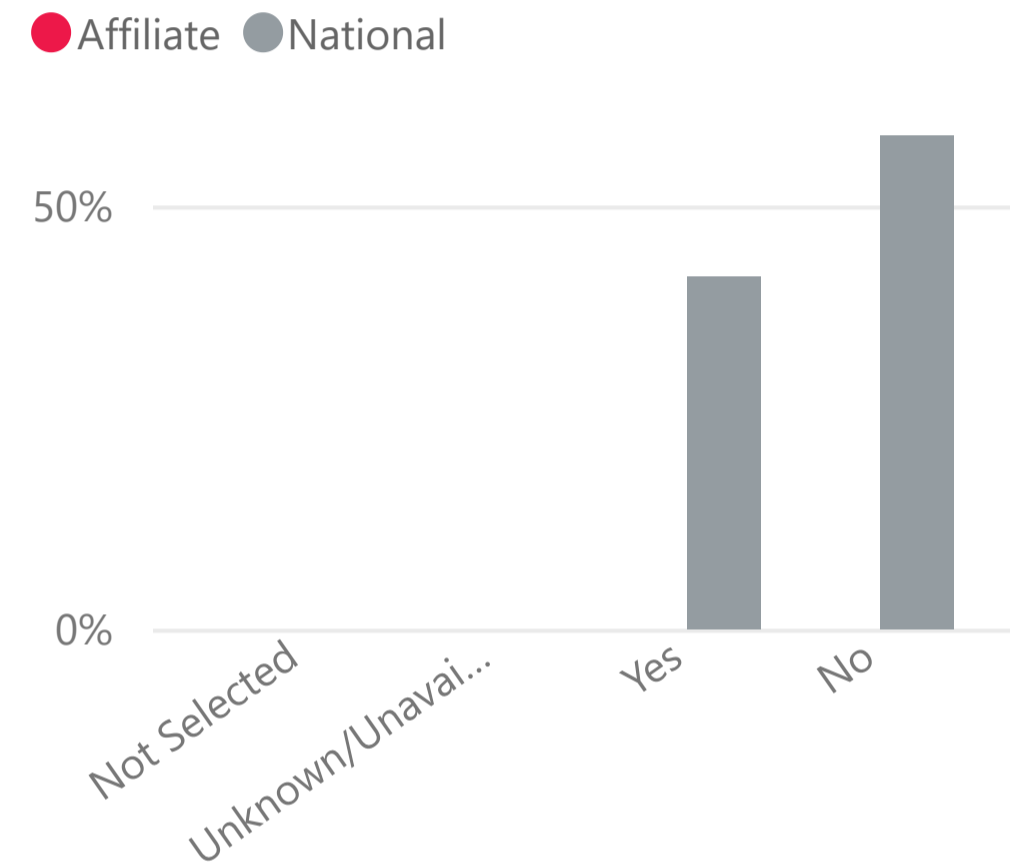
All

Income Category

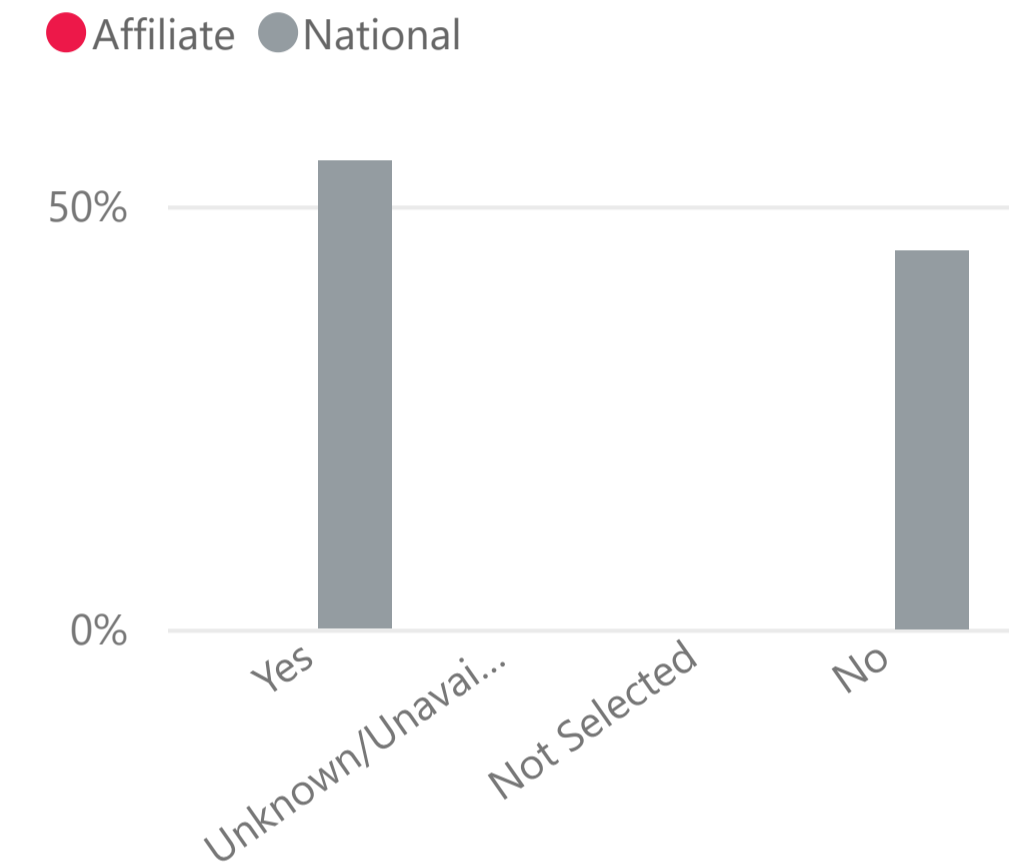
All

### If a friend of mine is sad, stressed, or depressed, I would...

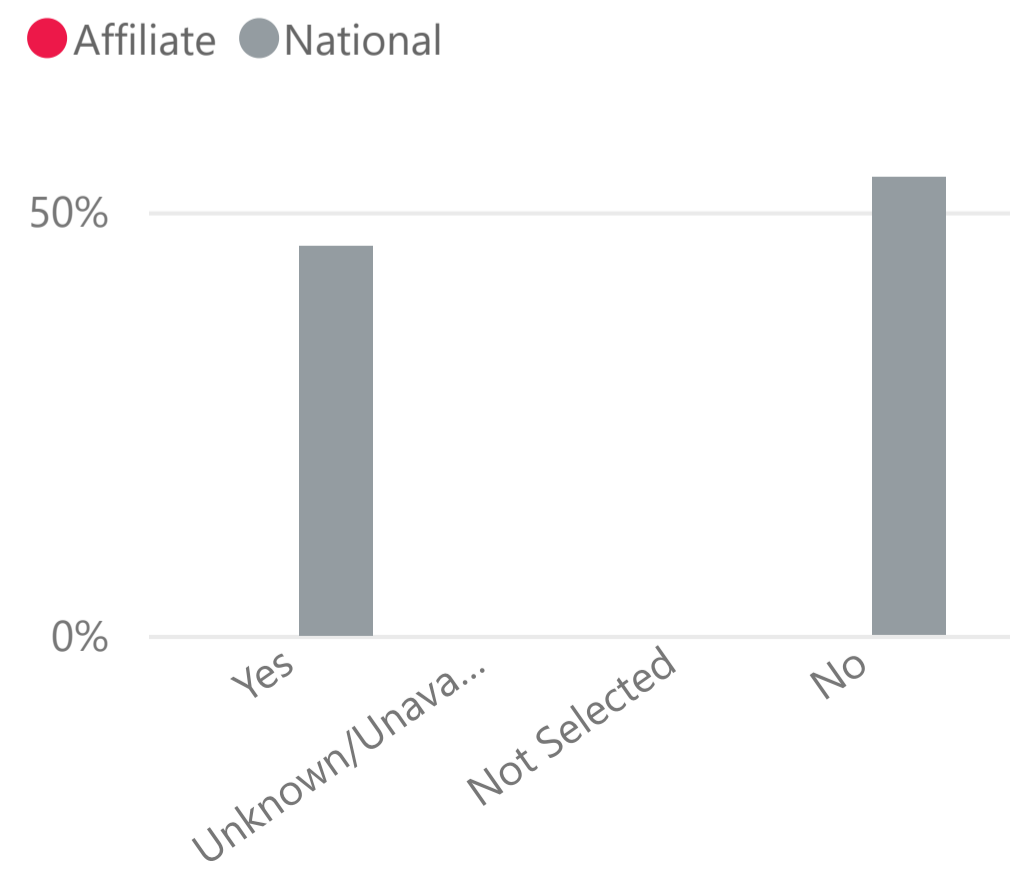
Tell them to talk to a teacher or another adult at school



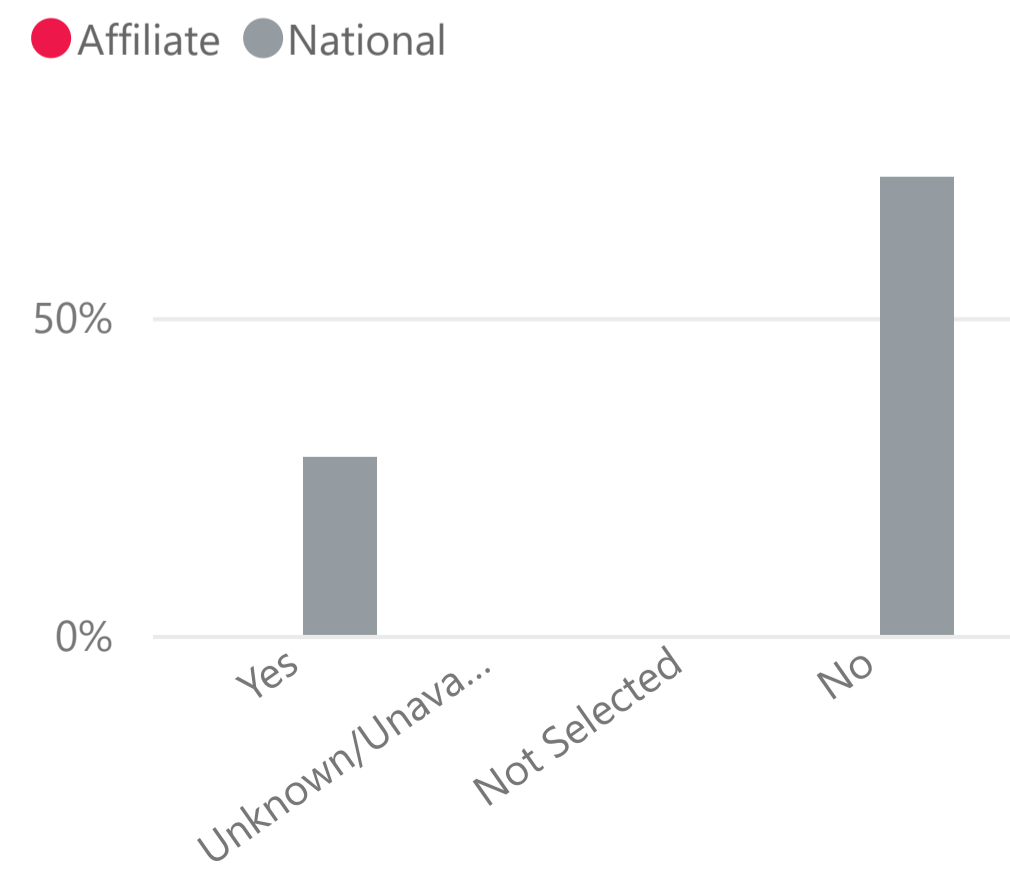
Tell them to talk to a parent or someone else in their family



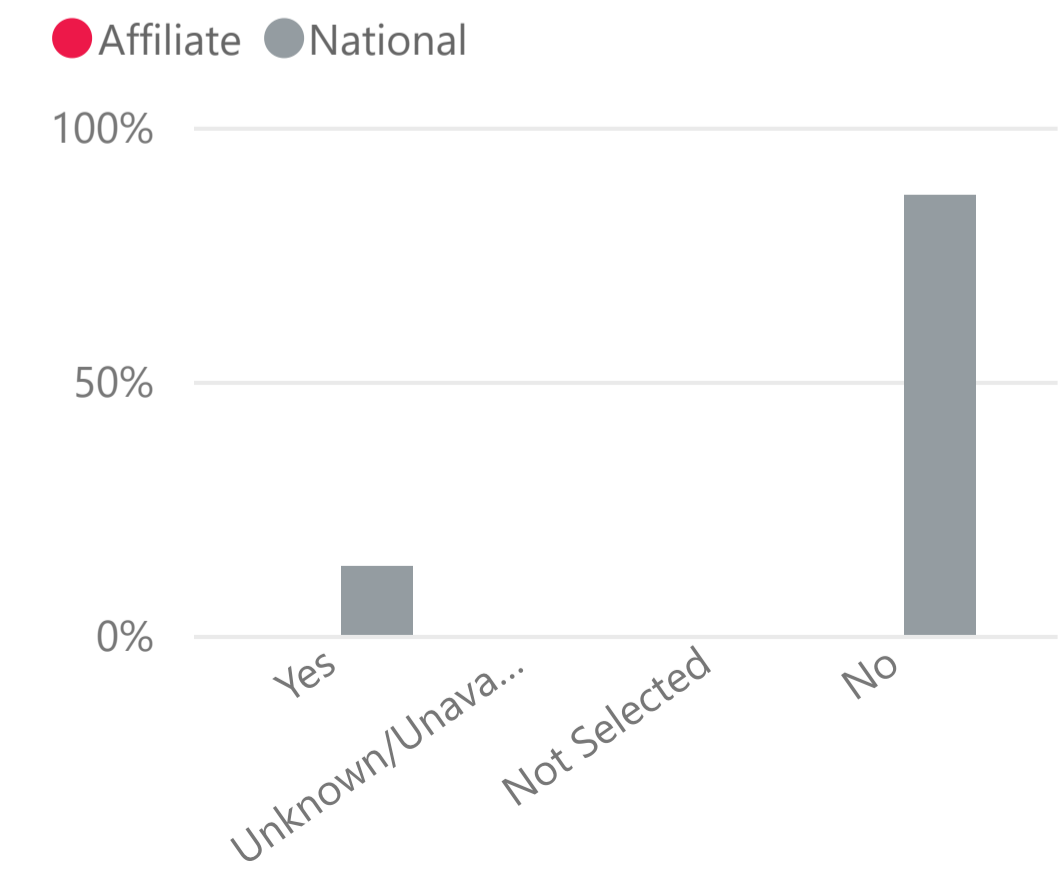
Tell them to get help from a counselor, doctor, or therapist



Tell them to talk to an adult at Girls Inc.



Try not to talk to them until they got better





## Archive - Mental Health - Part 2

Affiliate

Girls Inc. of Shelbyville and Shelby County



Survey Year

2019



Survey Type (groups)

All



Race

All



Tenure

All



Household Type

All



Income Category

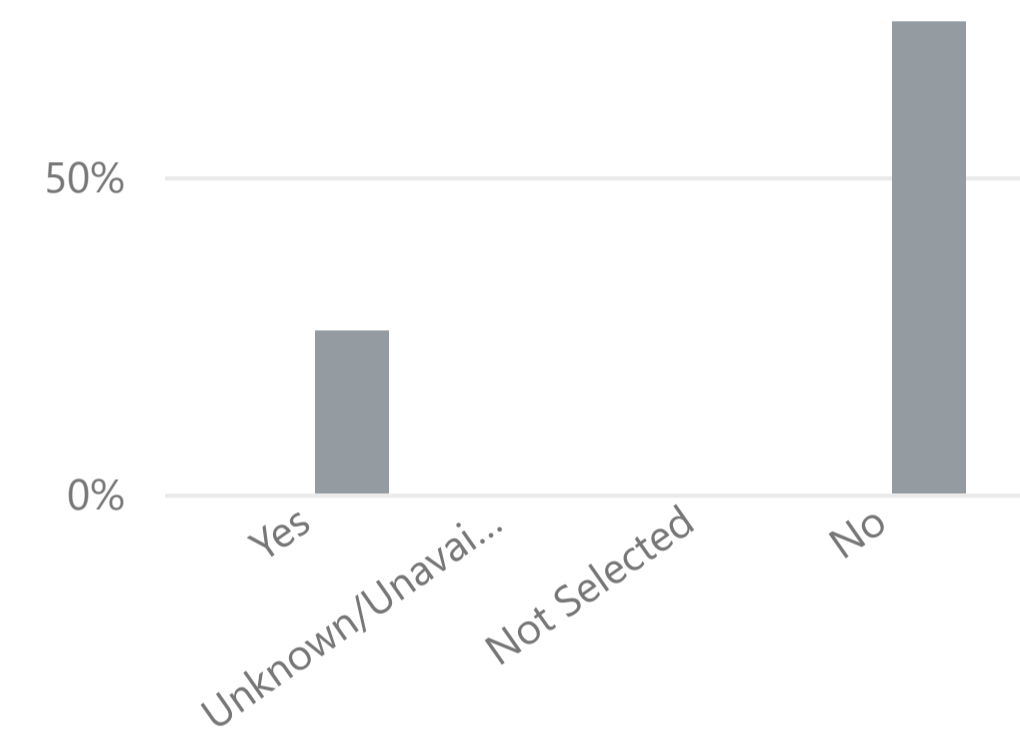
All



If I felt sad, stressed, or depressed, I would...

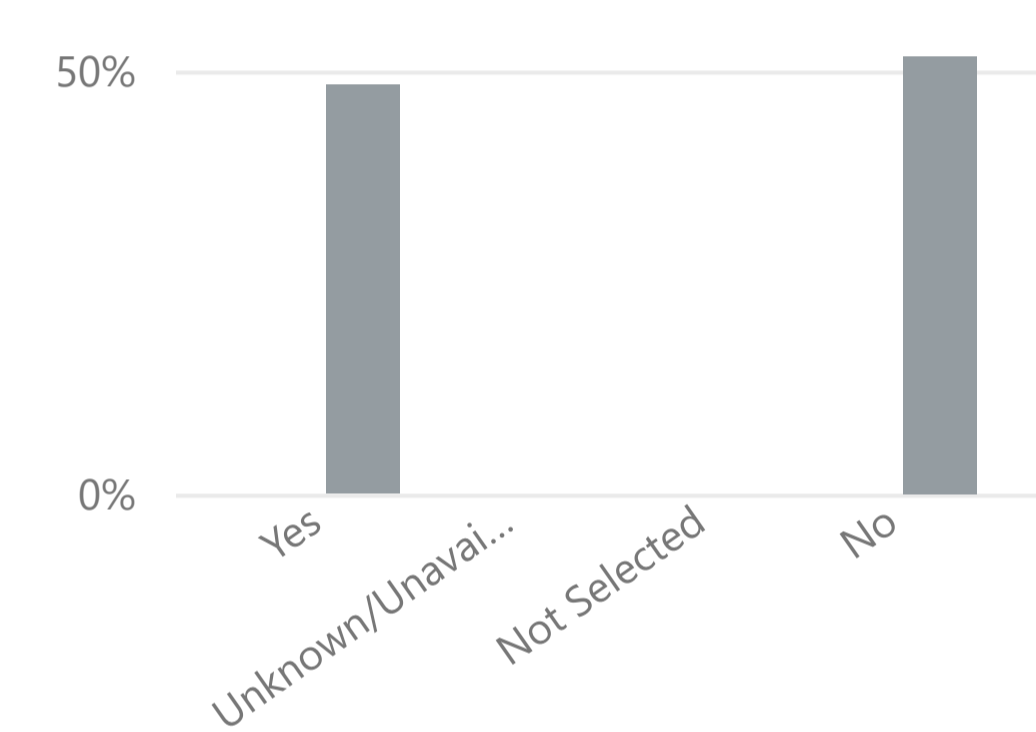
Talk to a teacher or another adult at school

● Affiliate ● National



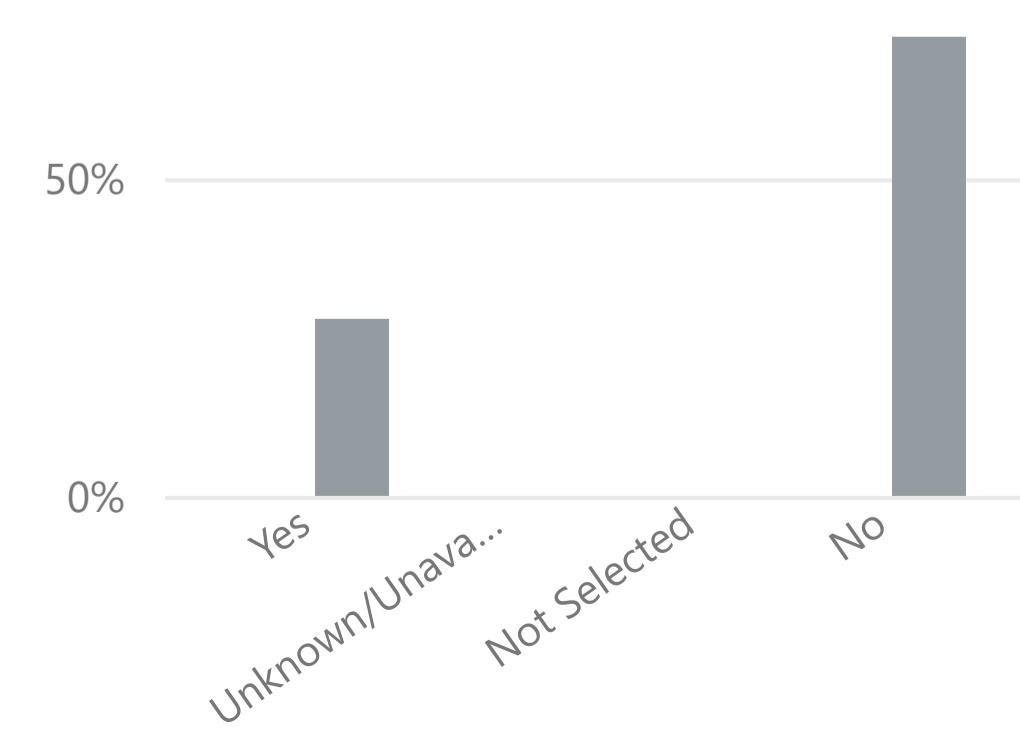
Talk to my parents or someone else in my family

● Affiliate ● National



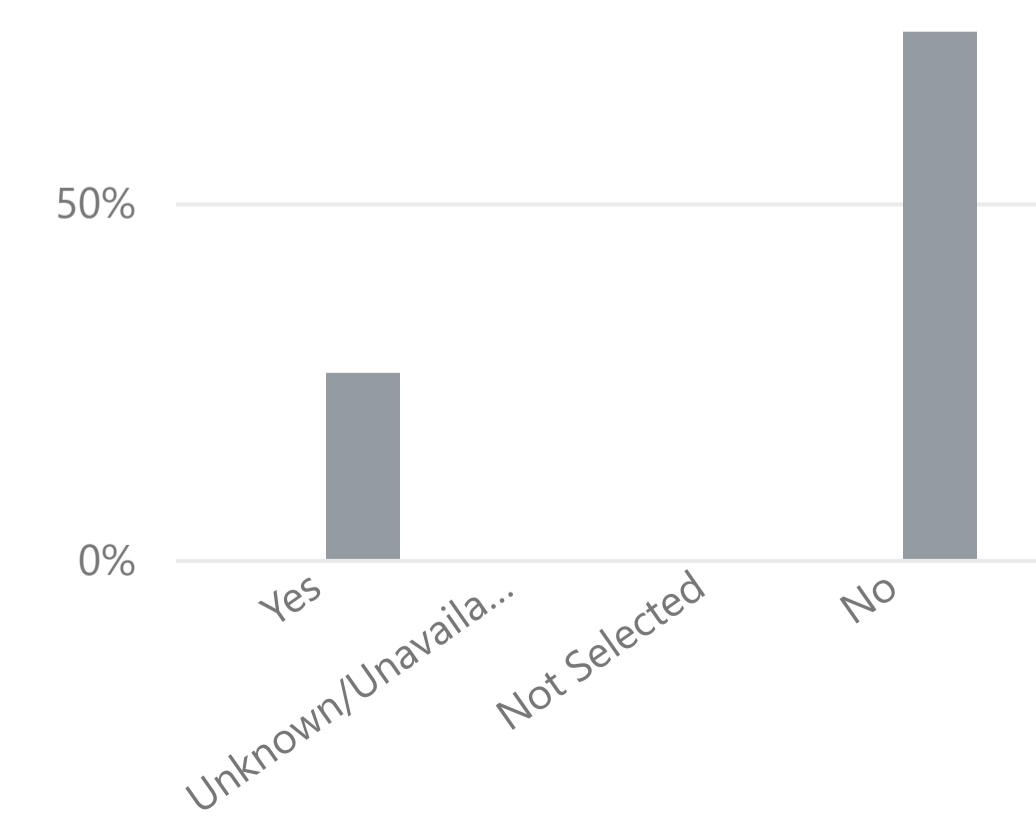
Get help from a counselor, doctor, or therapist

● Affiliate ● National



Talk to an adult at Girls Inc.

● Affiliate ● National





## Archive - Healthy Sexuality - Part 1

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2019

Survey Type (groups)

All

Race

All

Tenure

All

Household Type

All

Income Category

All

### How important are each of these reasons (for not having sex) to you?

● Very important to me ● Important to me ● Not really important to me ● Not important to me at all

Affiliate

I do not want to get a sexually transmitted disease or STD.



Affiliate

I do not want to get pregnant.



Affiliate

Getting pregnant would interfere with school.



Affiliate

I haven't found the right person yet.



Affiliate

I'm in a relationship, but waiting for the right time.







## Archive - Healthy Sexuality - Part 2

Affiliate

Girls Inc. of Shelbyville and Shelby County

Survey Year

2019

Survey Type (groups)

All

Race

All

Tenure

All

Household Type

All

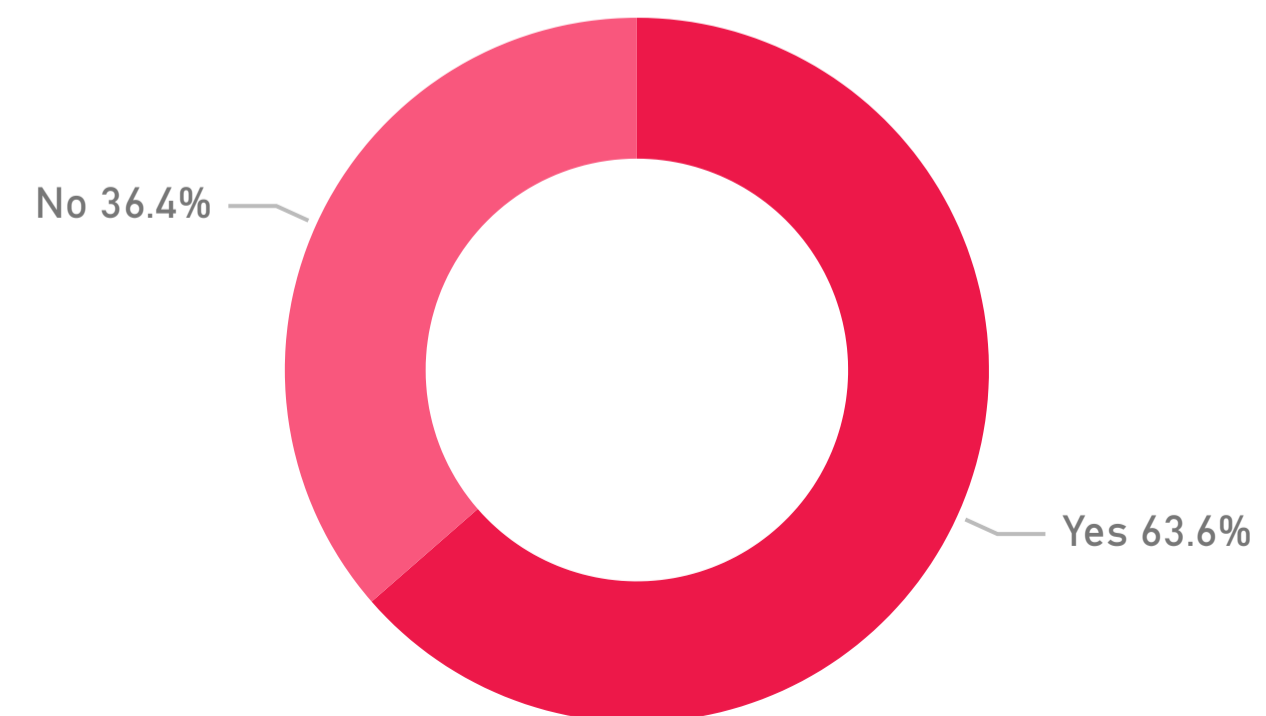
Income Category

All

The last time you had sexual intercourse, did you or your partner use a condom?

Affiliate

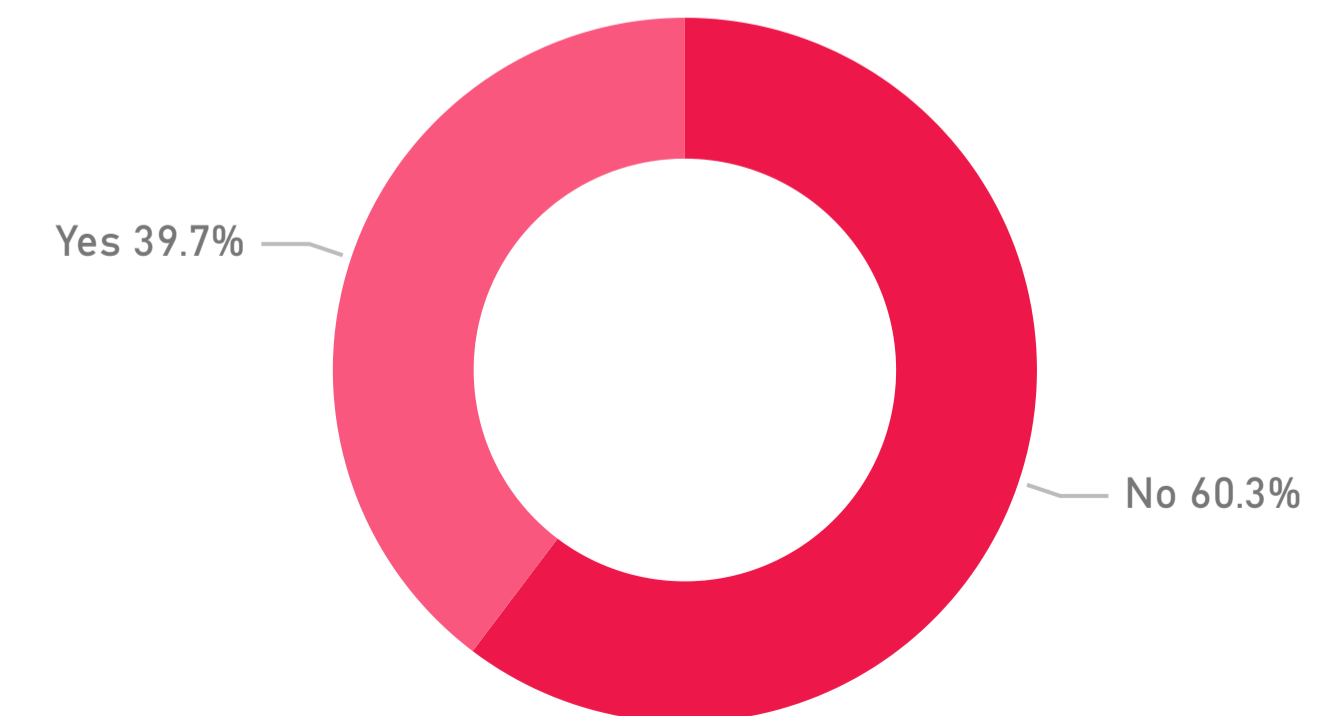
National



The last time you had sexual intercourse, did you or your partner use any method of birth control other than condoms?

Affiliate

National



HEALTH_FRUIT	CountAffiliate	Response	ResponseCode	SurveyYear
99	221			2023
99	0	0 Times	0	2023
99	0	1 Time	1	2023
99	0	2 Times	2	2023
99	0	3 or more times	3	2023
99	0	3 or more times	4	2023
99	0	3 or more times	5	2023
99	0	3 or more times	6	2023
6	0			2023
6	0	0 Times	0	2023
6	0	1 Time	1	2023
6	0	2 Times	2	2023
6	0	3 or more times	3	2023
6	0	3 or more times	4	2023
6	0	3 or more times	5	2023
6	1749	3 or more times	6	2023
<b>Total</b>	<b>6364</b>			

